


North Boone Middle School (7-8) & Upper Elementary (5-6)

NOVEMBER, 2021

Fat Free Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancakes w/sausage patty 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Fresh Fruit Choice 21-29	2 Cheese Quesadilla w/salsa & sour cream 36g OR Uncrustable 64g Fiesta Beans 22g Pineapple 15g	3 Hot Dog 32g OR Yogurt Lunch 43g Baked Beans 29g Pears 14g	4 Chicken Nuggets 15g OR Uncrustable 64g Dinner Roll 15g Broccoli Blend 5g Peaches 12g	5 Cheese Pizza 24g OR Yogurt Lunch 43g Garden Salad 3.6g Baby Carrots 12g Fruit Slushie 22g
8 Corn Dog 27g OR Yogurt Lunch 43g Baked Beans 30g Peaches 12g	9 Walking Taco w/lettuce, salsa & sour cream 39g OR Uncrustable 64g Corn 14g Mixed Fruit 16g	10 Chicken Tenders 14g OR Yogurt Lunch 43g Dinner Roll 15g Broccoli 5g Flavored Applesauce Cup 15g	11 Cheeseburger 31.2g OR Uncrustable 64g Green Beans 12g Pineapple 15g	12 Pepperoni Pizza 35g OR Yogurt Lunch 43g Baby Carrots 12g Sliced Cukes 2g Pears 14g
15 BBQ Rib Sandwich 45g OR Yogurt Lunch 43g Wango Mango Juice 13g Applesauce 23g	16 Chicken Quesadilla w/salsa & sour cream 42g OR Uncrustable 64g Fiesta Beans 22g Pineapple 15g	17 Turkey w/gravy Mashed Potatoes Dinner Roll Cinnamon Applesauce Cookie No choice day	18 Boneless Chicken Wings 14g OR Uncrustable 64g Dinner Roll 15g Corn 14g Pears 14g	19 Sausage Pizza 36g OR Yogurt Lunch 43g Romaine Salad 4.6g Baby Carrots 12g Fresh Fruit 21-29g
22 Chicken Patty 44g OR Yogurt Lunch 43g Corn 14g Pineapple 15g	23 Soft Taco w/lettuce, salsa & sour cream 40g OR Uncrustable 64g Refried Beans 23g Mixed Fruit 16g	24 No school	25 	26 No School
29 Pancakes w/sausage patty 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Fresh Fruit Choice 21-29	30 Cheese Quesadilla w/salsa & sour cream 36g OR Uncrustable 64g Fiesta Beans 22g Pineapple 15g			Due to ongoing distribution issues, the menu may change without notice and there may be days without choices. Thank you.