

North Boone Middle School (7-8) & Upper Elementary (5-6)

DECEMBER, 2022

Fat Free & 1% Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>WARMEST HOLIDAY WISHES</p>			1 Mac & Cheese 31g OR Yogurt Lunch 43g Dinner Roll 15g Broccoli 5g Peaches 12g	2 Stuffed Crust Cheese Pizza 35g OR Yogurt Lunch 43g Romaine Salad 4.6g Baby Carrots 12g Fresh Fruit 21-29g
5 Chicken Patty 44g OR Yogurt Lunch 43g Corn 14g Pineapple 15g	6 Chicken Fajita 17g w/salsa 5g OR Uncrustable 64g Sliced Cucumbers 2g Mixed Fruit 16g	7 Deep Dish Pizza 31g OR Yogurt Lunch 43g Broccoli 12g Peaches 12g Baby Carrots 12g	8 Mini Corn Dogs 27g OR Uncrustable 64g Baked Beans 30g Sun Spash Juice 15g Pears 14g	9 Cheese Sticks w/marinara sauce 32g OR Yogurt Lunch 43g Green Beans 12g Applesauce 23g Cookie 34g
12 Pancakes w/sausage patty 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Fresh Fruit Choice 21-29	13 Taco Pizza 28g OR Uncrustable 64g Corn 14g Pineapple 15g	14 Late Start Hot Dog 32g OR Yogurt Lunch 43g Baked Beans 29g Pears 14g	15 Chicken Nuggets 15g OR Uncrustable 64g Dinner Roll 15g Broccoli Blend 5g Peaches 12g	16 Cheese Pizza 24g OR Yogurt Lunch 43g Garden Salad 3.6g Baby Carrots 12g Fruit Slushie 22g
19 Chicken Tenders 14g OR Yogurt Lunch 43g Dinner Roll 15g Broccoli 5g Flavored Applesauce Cup 15g	20 Chicken Quesadilla w/salsa & sour cream 42g OR Uncrustable 64g Corn 14g Pineapple 15g	21 Mini Corn Dogs 27g Baked Beans 30g Dragon Punch juice 13g Pears 14g OR Uncrustable 64g	22 Start of Winter Break!! Dec 22 - Jan 3rd School Resumes Jan 4th	
				