



NB Upper Elementary Update

January 2022



Calendar Events

- * Jan 5: School resumes
- * Jan 7: Report cards sent home
- * Jan 14 & 28: Viking Vault is open!
- * Jan 17: No school (Martin Luther King Day)
- * Jan 18: School Board Mtg @ DO at 6:30 PM
- * Jan 19: Late start at 9:30.
- * Jan 21st
2nd Quarter Awards
5th grade: 10:30am
6th grade: 2:00 pm



PRIDE Update:



We are working hard on encouraging students to have and exhibit Viking PRIDE. Vikings are upstanding, kind, and compassionate always. We encourage you to challenge your Viking at home to show Viking PRIDE. Challenge your child to help put away a rogue grocery cart, offer to carry a bag for another shopper, clean up garbage on your street, help a neighbor spread salt!



January NBUE Students Of The Month

Congratulations to the following students!

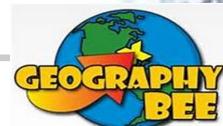
5th grade: Sadie Barrientos, Chase Brelie, Jordan Figueroa-Bustos, Brody Fleming, Estefania Gallegos, Owen Oringer, Graham Staskal, Dyllan Staver, Narahi Trejo, Cecilia Thompson

6th grade: Adrian Barajas, Whitney Frykman, Joshua Funk, Adyson Haerterich, Tess Hildebrandt, Jeremiah Hirsch, Cristian

From Mr. Protz and Mr. McLee

Here are the class finalists for our Geo Bee Competition. We will complete the championship round this month.

5th Grade



1st Hour: Dylan Schmid

2nd Hour: Ava Dreyer

6th Hour: Jordan Mellon

7th Hour: Adyson Smith

8th Hour: Cecilia Thompson

6th Grade

1st Hour: Quinn Branthover

2nd Hour: Nicholas Schnupp

3rd Hour: Tess Hildebrandt

4th Hour: Thomas Acosta

5th Hour: Gracelyn Harling



We still will be going outside for recess unless the temperature is below 10 degrees. Please have students wear their winter coats, hats, and gloves.

Each night, after going over your child's homework, check to make sure your child has everything ready for the next school day. Put all your child's items in one convenient place. By having a routine, getting off to school in the morning will be easier for everyone.



Request from the UE Nurse



If you have any new or gently used socks, pants, or shirts please consider donating to the Nurse's office. In case something happens, like a spill or slip on playground, having some extras would be incredibly helpful.

Message from the Nurse's Office...

Another friendly reminder that if your child has COVID and cold/flu symptoms, and you MUST keep your student home if he / she:

- Has had a fever of 99.6 degrees or higher in the last 24 hours
- Has vomited in the last 24 hours
- Has had diarrhea in the last 24 hours
- Is suspected of having bacterial Pink Eye and has not been on eye drops or ointment for at least 24 hours
- Has Strep Throat and / or Scarlet Fever and has not been on antibiotics for at least 24 hours
- Has been diagnosed with the Flu and has a fever above 99.6 degrees

Influenza: To protect students and the community, the following infection prevention and control measures are recommended:

- Good hand hygiene: Wash hands often especially when around those who may be ill or after touching surfaces that may be contaminated.
- Cover your mouth and nose with tissue or cough into your elbow.
- Dispose of tissue after use and wash hands.
- Routinely disinfect shared objects or common areas.
- Avoid touching your eyes, nose and mouth.
- Stay home or school and avoid close contact with those who are ill. Remain home until fever-free for 24 hours without fever-reducing medication.

Flu and COVID vaccinations: It's not too late to get your influenza and COVID shot! Several studies have found that vaccinations can reduce the severity of illness in people who get vaccinated, but still get sick. Influenza vaccines vary in effectiveness from year to year but getting vaccinated is still the best way to prevent and/or minimize the effects of the virus. Some immunity is always better than no immunity. The vaccines are still widely available. Please call your child's pediatrician or the Boone County Health Department at (815) 544-2951 for more information or to schedule your shot.

Thank you for all you do to keep staff, students and the community safe!

Medications: Any student requiring medications to be taken at school, needs to have an [Authorization for Medicine at School \(7:270-E1\)](#) form signed by both physician and parent. These can be found on <http://www.nbcusd.org/district/services/health/> under the Forms for Specific Health Issues heading.

Meningitis: Meningitis is defined as an inflammation of the lining of the brain and spinal cord. It's caused when the protective membranes around the brain and spinal cord known as the meninges become infected. There are actually several types of meningitis but bacterial and viral meningitis are the 2 most common types.

Bacterial Meningitis: Bacterial meningitis is usually severe and can even be deadly. For example, though rare, meningococcal meningitis is a type of bacterial meningitis that can cause serious complications, such as amputations, scarring, and brain damage in about 1 in 5 people. Death in 10%-15% of cases even when appropriate antibiotic therapy is used. Fortunately, most of the bacteria that cause meningitis are not as contagious as the viruses that cause the common cold or the flu. Meningitis-causing bacteria aren't usual-