

# September

## North Boone Middle School & Upper Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 <b>Beefy Nachos</b> w/ Meat, Cheese Sauce, Lettuce, Sour Cream & Salsa 37g Refried Beans 23g Assorted Fruit 21-29g	3 <b>Hot Dog On Bun</b> 32g Fritos 16g Baked Beans 26g Baby Carrots 12g Celery Sticks 6g Assorted Fruit 21-29g	4 <b>Mac-N-Cheese</b> 28g Dinner Roll 14g Steamed Broccoli 6g Cucumbers 2g Peaches 24g	5 <b>Deep Dish Pizza</b> 31g Baby Carrots 12g Green Beans 16g Fresh Fruit 21-29g
8	9	10 <b>LATE START</b>	11	12
<b>Honey BBQ Mr Rib On Bun</b> 41g Green Beans 6g Cherry Star Juice 14g Applesauce 22g	<b>Cheese Quesadilla</b> 38g Salsa & Sour Cream 6g Fiesta Beans 22g Celery Sticks 6g Watermelon 12g	<b>Chicken Tenders</b> 17g Dinner Roll 14g Steamed Corn 34g Baby Carrots 12g Peaches 24g	<b>Orange Chicken</b> w/ Fried Rice 61g Broccoli 6g Strawberries 9g Fortune Cookie 3g	<b>Stuffed Crust Pepperoni Pizza</b> 36g Garden Salad w/Cucumber 7g Fresh Fruit 21-29g
15	16	17	18	19
<b>Spicy/Reg Chicken Patty On A Bun</b> 35g Steamed Broccoli 6g Celery Sticks 6g Mandarin Oranges 40g	<b>Walking Taco</b> w/ Lettuce, Cheese, Salsa & Sour Cream 40g Corn 17g Baby Carrots 12g Pears 14g	<b>Corn Dog</b> 25g Baked Beans 29g Cucumber Slices 2g Grapes 28g Dragon Punch Juice 16g	<b>Popcorn Chicken</b> 17g Dinner Roll 14g Green Beans 6g Pineapple 40g	<b>Cheese Pizza</b> 31g Romaine Salad 5g Baby Carrots 12g Fresh Fruit 21-29g
22	23	24	25	26
<b>Cheeseburger</b> 31.2g Corn 34g Celery Sticks 6g Applesauce 22g	<b>Taco Bites</b> w/ Sour Cream & Salsa 45g Fiesta Beans 22g Watermelon & Cantelope 8g	<b>Cheese Sticks</b> w/ Marinara 32g Green Beans 6g Cucumbers 2g Strawberries 9g	<b>Chicken Tenders</b> 14g Dinner Roll 14g Broccoli Blend 5g Pineapple 40g	<b>Pepperoni Pizza</b> 36g Garden Salad w/ Cucumber 7g Fresh Fruit 21-29g Slushie 22g
29	30	31		
<b>Chicken Patty On A Bun</b> 35g Corn 34g Baby Carrots 12g Pineapple 40g	<b>Beefy Nachos</b> w/ Meat, Cheese Sauce, Lettuce, Salsa & Sour Cream 46g Refried Beans 23g Fresh Fruit 21-29g	<b>Hot Dog On Bun</b> 32g Fritos 16g Baked Beans 26g Baby Carrots 12g Celery Sticks 6g Assorted Fruit 21-29g		<b>*Uncrustable will be offered as a second choice Mon, Wed, Fri</b> <b>*Yogurt lunch will be second choice Tues, &amp; Thurs</b>

Fat Free & 1% milk served daily with meals. Students are required to take fruit and/or vegetable for a complete meal.  
Menu subject to change without notice

Please contact Julie Antonsen with any questions, [jantonsen@nbcusd.org](mailto:jantonsen@nbcusd.org)

