

North Boone High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 Cheese Sticks w/ Marinara 32g Broccoli Blend 10g Assorted Fruit 21-29g	3 Walking Taco w/ Taco Meat, Shredded Cheese, Lettuce, Salsa, & Sour Cream 40g Refried Beans 15g Assorted Fruit 21-29g	4 Boneless Chicken Wings 12.5g Dinner Roll 14g Corn 34g Assorted Fruit 21-29g	5 Pepperoni Pizza 31g Romaine Salad 4g Sliced Cucumbers 2g Assorted Fruit 21-29g Ranch 2g
8 Spicy Chicken Tenders 17g Dinner Roll 17g Green Beans 8g Assorted Fruit 21-29g	9 Quesadilla 38g Salsa & Sour Cream 6g Corn 24g Assorted Fruit 21-29g	10 LATE START	11 Chicken Patty on Bun 37g Broccoli 6g Assorted Fruit 21-29g	12 Deep Dish Pizza 31g Baby Carrots 12g Celery Sticks 6g Pizza Crisps 23g Assorted Fruit 21-29g
15 Cheeseburger on Bun 29g Baked Lays Chips 24g Baked Beans 52g Assorted Fruit 21-29g	16 Popcorn Chicken 15g Dinner Roll 14g Green Beans 8g Baby Carrots 12g Assorted Fruit 21-29g	17 Beefy Nachos w/ Meat, Cheese Sauce, Lettuce Salsa & Sour Cream 46g Fiesta Beans 22g Assorted Fruit 21-29g	18 Orange Chicken w/ Fried Rice 61g Corn 34g Assorted Fruit 21-29g Fortune Cookie 3g	19 Stuffed Crust Cheese Pizza 35g Romaine Salad 4g Cucumber Slices 2g Assorted Fruit 21-29g Ranch 2g
22 Spicy Chicken Patty On Bun 37g Broccoli Blend 6g Assorted Fruit 21-29g	23 Honey BBQ Mr Rib On Bun 41g Corn 34g Slushie 22g Assorted Fruit 21-29g	24 Mac-N-Cheese 28g Dinner Roll 14g Broccoli 6g Assorted Fruit 21-29g	25 Hot Dog On Bun 32g Fritos 16g Baked Beans 26g Baby Carrots 12g Assorted Fruit 21-29g	26 Stuffed Crust Pepperoni Pizza 36g Green Beans 8g Celery Sticks 6g Assorted Fruit 21-29g Slushie 22g
29 Chicken Tenders w/ Waffles 40g Green Beans 8g Baby Carrots 12g Juice 14g Assorted Fruit 21-29g	30 Cheese Sticks w/ Marinara 32g Broccoli Blend 10g Assorted Fruit 21-29g	31 Walking Taco w/ Meat, Lettuce, Cheese, Salsa & Sour Cream 40g Refried Beans 23g Assorted Fruit 21-29g		

Fresh Fruit, Fresh vegetables, Fat Free & 1% milk served daily with meals. Students are required to take fruit and/or vegetable for a complete meal.
Assorted sandwiches and salads served daily.

Menu subject to change without notice

Please contact Julie Antonsen with any questions, jantonsen@nbcusd.org

