EVENT CALENDAR

November

11/3 Little Ceasar's **Fundraiser Starts** 11/5 Daylight Savings **Time Ends-Turn** Clocks Back I Hour 11/9 PTO Meeting 3:30 II/IO End of 1st **Trimester** 11/16 Family Reading Night Make and Take 6:00 pm-7:00 pm 11/17 Report Cards **Sent Home** 11/18 PGE Night At Icehogs 7:00 pm 11/22-11/24 No School Thanksgiving Break 11/28 Little Ceasar's **Fundraiser Ends**

Important Notes

Please contact the office if your student will not be in attendance. Contacting only the teacher will not excuse the absence. Please email PGEoffice@nbcusd.org or call 815-765-3113.

To ensure the safety of our students you must park and escort your child across the parking lot if you want them to enter at door A. If you want to drop off your child and stay in your car you must use the car drop off lane near the playground. For safety reasons you should not walk your child across the rear parking lot.

POPLAR GROVE ELEMENTARY

NOVEMBER 2017

A Note From Your Principal

Dear Parents and Guardians,

This past month has been a busy one at Poplar Grove Elementary. We had our first ever "Trunk or Treat". A special thank you to our PTO members, PGE staff that participated, and all of our families who decorated a trunk or simply brought their families to this exciting event! It was a lot of fun, and I sincerely appreciate all of the hard work and planning that went into making this event happen. Thank you and our event will be bigger and better next year!

Thanksgiving is still a few weeks away, but I would like to wish all Poplar Grove Elementary School families a Happy Thanksgiving and a wonderful start to the Holiday Season!

Congratulations to the 2018 Golden Apple Award nominees! This year, 591 PreK-5th grade teachers in Winnebago and Boone counties were nominated for the prestigious award -- including 13 from Poplar Grove Elementary!

Those nominated from PGE:

Tina Babcock
Lynn Brody
Denise Bussie
Natalie Engelman
Melissa Franzen
Krystal Jole
Lindsey Keppel
Megan Laing
Suzette Muck
Carrie Pagan
Tracy Schabacker
Codelyn Willis
Julie Winebaugh

Respectfully, Heather Walsh Principal

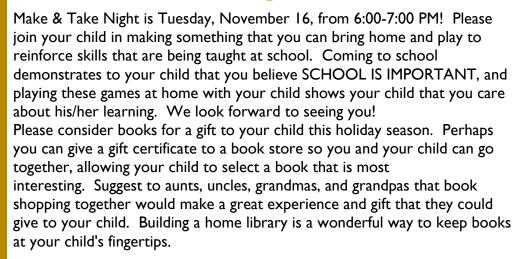




Recess Information

Recess will continue to be outside unless the WINDCHILL is below 10 degrees. Please make sure your child has the necessary clothing for outside recess. Students will need to have coat, boots, gloves, and snow pants in order to play in any snow we may receive. Otherwise they will be limited to play on the blacktop area of the playground. Please label all hats, coats, boots and gloves with your child's name and remember to check the lost and found.

Make and Take Night





Eagle's Nest Information

The students earn Eagle Eye's for being safe, responsible and respectful. Every 3 weeks we open the Eagle's Nest, our store. The students are allowed time to shop for prizes with their Eagle Eye's. The Eagles Nest is funded by our Butterbraid Fundraiser, Little Ceasar's Pizza Fundraiser and the yearlong Scrip program. Please help support our PBIS program through these fundraisers.



Yearbook Information

Yearbook order forms will be sent home this week. Please return them at your earliest convenience. You may also order online at ybpay.lifetouch.com. Our yearbook ID is 1808918. Please order by January 31, 2017. If you have taken any photos that you would like us to consider for the yearbook please upload them to the following site; www.community.lifetouch.com access code: LYHJBD

Sick Day Guidelines

"Sick Day Guidelines: Making the Right Call When Your Child is III" (This is a Guideline to assist Parents in making smart choices this cough and cold season)

Should I keep my student home or send him/her to school?

Consider keeping your student home if he/she:

- •Has a fever of 99.6° or higher
- •Has been vomiting or had diarrhea
- Has eyes that are pink, itchy and/or have drainage

•Has symptoms that prevent him/her from participation in school such as: excessive tiredness or lack of appetite. Productive coughing and sneezing, headache, body aches, earache, sore throat. (A minor sore throat is usually not a problem, but a severe sore throat could be strep throat even if there is no fever. Other symptoms of strep throat in children are headache and upset stomach and sometimes a faint rash. Contact your physician as your student needs a special test to determine if it is strep throat.)

Keep your student home until their fever has been gone for 24 hours without medication. Colds can be contagious for at least 48 hours. Returning to school too soon may slow the recovery process and expose others unnecessarily to illness.

Does my student have the flu? The flu is serious. Call your physician at the first sign of flu symptoms, which typically comes on suddenly. Symptoms include: High fever, chills, headache, body aches, earache. Consult your child's physician about the best way to treat their cold or flu.

How do I make my child feel better?

- o Make sure your student gets plenty of rest and put limits on TV watching.
- o Encourage fluids, like water, soup, juice and ice.
- o Help your student relax
- o Consider using a cool humidifier
- o When used as directed, cough and cold medications help relieve symptoms while your student is getting better. Read/follow directions and give the exact amount recommended.

How Can I prevent my student from getting a cold?

*Teach your student to wash their hands frequently using plenty of soap and warm water. Proper hand washing should take about 20 seconds, the time it takes to sing Happy Birthday twice.

*Teach your student to cover coughs and sneezes with a tissue or their sleeve.

- *Keep the student's environment tobacco free.
- *Minimize the time your student spends with other people who have cough or cold symptoms.
- *Serve a balanced diet with lots of fruits and vegetables. Give daily vitamins if recommended by your doctor.
- *Have annual health exams to follow changes in your student's health. Keep immunizations up to date.



Our Lost and Found is located in our multipurpose room.
Please check it out if you are missing something.
Please make sure your student's name is on all personal items.



North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

Fat Free Milk served daily with meals

NOVEMBER, 2017

Menu subject to change without notice

Monday	Tirector	Wednesday	Thursday	Eriday
Votowane V	Dark	1 Mini Com Dogs 27g	atty w/bun 44g	3 Pepperoni Pizza 37g
November III		Green Beans 20g Mandarin Oranges 17g Cupcake 27g Capron School Field Trip	Broccoli 8g Pears 14g	Cooked Carrots Applesauce 23g Fruit Slushie 22g
6 Grilled Cheese 36g Soup Garden Salad wiveggies 13g Peaches 12g	7 Cheese Quesadilla 33g Carrot & Celery Sticks 8g DOLE Mixed Fruit Cup 16g WG Rice Krispie Treat 19g	8 Chicken Tenders 14g Dinner Roll 15g Corn 38g Applesauce 23g Mango Juice 13g	9 Hot Dog 32g Veggie Beans 23g Pears 14g Goldfish 9	10 Cheese Pizza 24g Green Beans 12g Mandarin Oranges 17g Cookie 15g
13 Bacon & Egg Breakfast Pizza 29.8g Yogurt Cup 19g Fresh Fruit Choice 21-29g FruitVeggie Juice 13g	14 Nachos w/cheese 34g Black Beans 22g Baby Carrots 13g Cucumber Slices Peaches 12g	15 Mac & Cheese 31g Sliced WG Bread 13g Broccoli 16g Pears 14g	16 Turkey w'gravy Dinner Roll 15g Mashed Potatoes 21g Applesauce 23g Cookie 14g	17 BOSCO Cheese Sticks w/marinara sauce 42g Green Beans 12g Mandarin Oranges 17g Apple/Cherry Juice 13g
20 Chicken Nuggets 14g Broccoli 8g Soft Pretzel Cherry Applesauce Cup 15g	21 Pizza Bagel 24g Corn 24g Pears 14g Cookie 15g	22 No School!!	Expression of the second of th	24 No School!!
27 French Toast w/sausage patty 40g Fresh Fruit Choice 21-29g Fruit/Veggie Juice 13g	28 Chicken Fajita 16g Black Beans 22g Pineapple 15g Apple Churro 27g	29 Mini Com Dogs 27g Green Beans 20g Mandarin Oranges 17g Cupcake 27g	30 Chicken Patty w'bun 44g Broccoli 8g Pears 14g	