

EVENT CALENDAR

November

11/6 Daylight Savings

Time Ends Turn

Clocks Back 1 Hour

11/10 PTO Meeting

4:30

11/11 End of 1st Tri-
mester

11/12 PTO Night at
Skateland 4:30-6:30

pm

11/14 Erin's Law

Presentation in Class-
rooms

11/15 Make and Take
Night

Art Fair 6:00 pm

11/18 Report Cards

Sent Home

Mix It Up Day Wear
Flannel/Plaid

11/23-11/25 No School
Thanksgiving Break

Important Notes

Please contact the office if your student will not be in attendance. Contacting only the teacher will not excuse the absence. Please email PGEoffice@nbcusd.org or call 815-765-3113.

To ensure the safety of our students you must park and escort your child across the parking lot if you want them to enter at door A. If you want to drop your child off you must use the car drop off lane near the playground.

POPLAR GROVE

ELEMENTARY

NOVEMBER 2016

A Note From Your Principal

Dear Parents and Guardians,

I would like to wish all of our PGE families a Happy Thanksgiving and a wonderful start to the holiday season. I hope you all are enjoying the beautiful colors the fall season brings us.

As we begin the month of November, I would like to mention a few upcoming events. First Trimester Report Cards will be sent home on Friday, November 18th. Please discuss this report card with your student as open communication between staff, parents, and students is important to achieving success.

Save the Date! On November 15th from 6-7 p.m. we cordially invite you to attend our annual Make and Take Night which will also showcase our annual Art Show at Poplar Grove Elementary. Come out and make reading and math games to take home to play with your children. There is even a PGE recipe book that is being created! Also, come and enjoy the wonderful art our students have created this school year in Mrs. Crocker's art classes.

Coffee and Conversation With the Principal will be held December 15th from 8:15-9:15 a.m. Come out and meet parents and discuss ways we can work together to make PGE a great place to be!

Perfect Attendance Initiative. This year, we are working to improve our overall attendance at PGE. Each classroom is working on achieving PERFECT ATTENDANCE. Each day, the classrooms keep track when everyone is present and are rewarded with a letter toward their goal. To begin the year, Edwards' Orchard graciously donated several dozens of donuts to our classrooms as we rewarded each class with an attendance party once they spelled PERFECT ATTENDANCE. We want to say thanks to Edwards for their donation. It was greatly appreciated and the students loved the reward parties of donuts and cider.

Respectfully,
Heather Walsh
Principal





Recess Information

Recess will continue to be outside unless the WINDCHILL is below 10 degrees. Please make sure your child has the necessary clothing for outside recess. Students will need to have coat, boots, gloves, and snow pants in order to play in any snow we may receive. Otherwise they will be limited to play on the blacktop area of the playground. Please label all hats, coats, boots and gloves with your child's name and remember to check the lost and found.

Make and Take Night

Make & Take Night is Tuesday, November 15, from 6:00-7:00 PM! Please join your child in making something that you can bring home and play to reinforce skills that are being taught at school. Coming to school demonstrates to your child that you believe SCHOOL IS IMPORTANT, and playing these games at home with your child shows your child that you care about his/her learning. We look forward to seeing you!

Please consider making books a gift to your child this holiday season. Perhaps you can give a gift certificate to a book store so you and your child can go together, allowing your child to select a book that is most interesting. Suggest to aunts, uncles, grandmas, and grandpas that book shopping together would make a great experience and gift that they could give to your child. Building a home library is a wonderful way to keep books at your child's fingertips.



Box Tops For Education



We would like to announce that Mrs. Jole's class won the contest for the class that collected the most box tops over summer and the first 2 months of school. Please keep collecting and sending them in!

Yearbook Information

Yearbook order forms were sent home last week. Please return them at your earliest convenience. You may also order online at ybpay.lifetouch.com. Our yearbook ID is 1808917. Please order by January 31, 2017. If you have taken any photos that you would like us to consider for the yearbook please upload them to the following site; www.community.lifetouch.com access code: TDNPKV



Sick Day Guidelines

“Sick Day Guidelines: Making the Right Call When Your Child is Ill”

(This is a Guideline to assist Parents in making smart choices this cough and cold season)

Should I keep my student home or send him/her to school?

Consider keeping your student home if he/she:

- Has a fever of 99.6° or higher
- Has been vomiting or had diarrhea
- Has eyes that are pink, itchy and/or have drainage
- Has symptoms that prevent him/her from participation in school such as: excessive tiredness or lack of appetite. Productive coughing and sneezing, headache, body aches, earache, sore throat. (A minor sore throat is usually not a problem, but a severe sore throat could be strep throat even if there is no fever. Other symptoms of strep throat in children are headache and upset stomach and sometimes a faint rash. Contact your physician as your student needs a special test to determine if it is strep throat.)

Keep your student home until their fever has been gone for 24 hours without medication. Colds can be contagious for at least 48 hours. Returning to school too soon may slow the recovery process and expose others unnecessarily to illness.

Does my student have the flu? The flu is serious. Call your physician at the first sign of flu symptoms, which typically comes on suddenly. Symptoms include: High fever, chills, headache, body aches, earache. Consult your child's physician about the best way to treat their cold or flu.

How do I make my child feel better?

- o Make sure your student gets plenty of rest and put limits on TV watching.
- o Encourage fluids, like water, soup, juice and ice.
- o Help your student relax
- o Consider using a cool humidifier
- o When used as directed, cough and cold medications help relieve symptoms while your student is getting better. Read/follow directions and give the exact amount recommended.

How Can I prevent my student from getting a cold?

- *Teach your student to wash their hands frequently using plenty of soap and warm water. Proper hand washing should take about 20 seconds, the time it takes to sing Happy Birthday twice.
- *Teach your student to cover coughs and sneezes with a tissue or their sleeve.
- *Keep the student's environment tobacco free.
- *Minimize the time your student spends with other people who have cough or cold symptoms.
- *Serve a balanced diet with lots of fruits and vegetables. Give daily vitamins if recommended by your doctor.
- *Have annual health exams to follow changes in your student's health. Keep Immunizations up to date.



Our Lost and Found is located in our multipurpose room. Please check it out if you are missing something.


Please make sure your student's name is on all personal items.



North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

NOVEMBER, 2016

Fat Free Milk served daily with meals Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Ravioli 30g Garlic Bread 15g Green Beans 12g Pineapple 15g Apple Cherry Juice 14g	2 Nachos w/cheese 34g Refried Beans 22g Peaches 12g Churro 27g	3 Mini Corn Dogs 27g Veggie Beans 23g Pears 14g Jello Cup 25g	4 Mini Pizza Bagels 34 g Corn 38g Cherry Tomatoes w/ranch 15g Mandarin Oranges 17g Cookie 15 g
7 Corn Dog 27g Oven Fries 36g Garden Salad 3.6g Peaches 12g Sour Watermelon Raisels 25g	8 Soft Taco 35g Black Beans 22g Shredded Lettuce 3.6g Applesauce 23g Cupcake 26 g	9 Chicken Nuggets 14g Broccoli 8g WG Dinner Roll 15g Mandarin Oranges 17g	10 Bacon Cheeseburger 31.2g Veggie Beans 15.3g Baby Carrots w/ranch 15g Pineapple 15g	11 Pepperoni Calzone 35g Celery Sticks w/soy butter 18g Pears 14g Fruit Slushie 20 g
14 Chicken Fajita 16g Fiesta Black Beans 20g Pineapple 15g Churro 27g	15 Mac & Cheese 31g Dinner Roll 15g Broccoli 16g Pears 14g Craisins 28g	16 Turkey w/gravy 3.6g Mashed Potatoes 34g Dinner Roll 15g Peaches 12g Harvest Themed Cookie 15g	17 Popcorn Chicken 14g Cheese Stuffed Pretzel Stick 26g Peas 24g Garden Salad 6g Applesauce 23g	18 Cheese Pizza 24g Fresh Broccoli Florets & Cherry Tomatoes w/ranch 15g DOLE Tropical Fruit Cup 18 g
21 Hot Dog 32g Veggie Beans 23g Pears 14g Pudding Cup 29g	22 Chicken Rings 15g Slice WG Bread 13g Broccoli .8g Mandarin Oranges 17 g	23 No School	24 	25 No School
28 Beef Ravioli 30g Garlic Bread 15g Green Beans 12g Pineapple 15g Apple Cherry Juice 14 g	29 Nachos w/cheese 34g Refried Beans 22g Peaches 12g Churro 27g	30 Mini Corn Dogs 27g Veggie Beans 23g Pears 14g Jello Cup 25 g		