

# Capron School News

10/1/2023



## CALENDAR

- Oct 6 Progress Reports go home
- Oct 6 Breakfast Buddies (Pre-K)
- Oct 9 Columbus Day  
**No School**
- Oct 11 Late Start
- Oct 13 Breakfast Buddies (K & 1)
- Oct 18 Parent Teacher Conferences
- Oct 20 Breakfast Buddies (2,3,4)
- Oct 23 Picture Retakes
- Oct 26 Parent Teacher Conferences
- Oct 27 Teacher Institute **No School**
- Oct 31 Halloween Parade 1:30 PM

### THE SCHOLASTIC BOOK FAIR IS COMING TO CAPRON!!!

The book fair will be open during school hours (8:00-3:00) on Oct. 16<sup>th</sup>, 17<sup>th</sup>, 23<sup>rd</sup> and 24<sup>th</sup>. It will also be open during parent teacher conferences. Please stop by the library to see the wonderful selection of books available! All proceeds benefit our library programs, so please come and choose some great books!

If you are sending money with your child, please remember to add 8.75% sales tax and put it in an envelope with your child's name.

Thank you!!

### REMEMBER TO DRESS FOR COOLER WEATHER!

With cooler weather drawing near, it is time to put away those shorts and dig out the sweaters. As you are aware, Capron weather changes frequently. Please dress your child for the weather. Dressing in layers is always a good idea so that children can adjust to the changing temperature accordingly.

### Breakfast Buddies

All Students are invited to bring **ONE** Buddy with them to school to enjoy cider doughnuts and fresh apple cider from Edwards Apple Orchard. A Buddy can be a parent, grandparent, older sibling, or family friend.

Please **only one Buddy per student** so there are enough doughnuts and Cider for cider for everyone.

**Be on the look out, Flyers will be sent home the week before the event.**

### FALL CONFERENCES

Parent/Teacher Conferences are scheduled for October 18th & October 26th. Scheduling forms will be sent home and need to be returned to school no later than October 6th.

### PICTURE RETAKE

If you were absent, forgot picture money, need a retake, didn't buy pictures, or maybe you want more, now's your chance! Lifetouch is back on October 23, 2023. Stop by the office and pick up an order form and then send it back with your child.

## HALLOWEEN PARADE and PARTIES OCTOBER 31

The Halloween Parade will be outside (weather permitting) at 1:30.

Halloween parties will take place in students' classrooms. Capron is an

Elementary School with children as young as 3 years old participating in the parade and parties. We want all children to feel safe and not afraid as a result of scary costumes. Therefore, we kindly request that students do not dress in costumes depicting violence or gore, or dress in a way that may frighten our young students. Staff at Capron reserve the right to deny the wearing of costumes, makeup, or masks if they depict violence or gore of any kind. The following is strictly prohibited:

- ⇒ Blood or gore of any kind
- ⇒ Weapons or "look alike" weapons including knives, guns, bullets, swords, etc.

**Simply put, if the intent of the costume is to scare, or be scary, it is not to be worn at school. Thank you for your cooperation.**



### HEALTH SERVICES

Parents, please keep your child home if s/he is sick with a temperature of more than 99.6°, has nausea, vomiting or diarrhea, has a headache, cough, sore throat or other flu symptoms, has a rash or infection of the skin, or red or pink eyes. Most childhood illnesses are over quickly but if the symptoms are severe or persist more than 24 hours, you should contact your private source of medical care.

**A friendly reminder to call the office prior to 1:30 pm if you will be picking your child up early.**



### **I Need to Stay Home if...**



I have a Fever	I am Vomiting	I have Diarrhea	I have a Rash	I have Head Lice	I have an Eye Infection	I have been in the Hospital
Temperature of 100°F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or "crusty" discharge from eyes	Hospital stay and/or ER visit

### **I am Ready to Go Back to School When I am...**

Fever free for 24 hours without the use of fever reducing medication.	Free from vomiting for at least 2 solid meals without the use of medications.	Free from diarrhea for at least 24 hours without the use of medications.	Free from rash itching or fever and evaluated by doctor	Treated with appropriate lice treatment at home and proof is provided to nurse.	Eye has returned to normal or have a note from doctor to return to school.	Released by my medical provider to return to school.
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## Autumn Word Search



W B Y K N L  
O N R R R E  
R Z O O O A  
C C E S W F  
A P P L E N  
E K A R D O



Find the words hidden in the puzzle:

acorn  
apple  
brown  
crow  
leaf  
rake



## Sensory-Friendly Halloween Tips

Sensory issues affect, on average, 1 in 20 children in the United States. As we become more aware of sensory issues, businesses and organizations are offering sensory-friendly events. You can also help make Halloween more sensory friendly in your community with the following tips:

- ✦ Limit Sensory triggers such as fog machines, strobe lights, loud noises, and sound effects.
- ✦ Keep in mind that a child may have sensory issues with wearing a costume. Be accepting of their choices, even if that choice is not to wear a costume at all.
- ✦ Be sensitive to children experiencing sensory overload and understand there might be some unexpected behaviors.

### Want to Watch a Family Friendly Halloween Movie with Your Kids? Try One of These!

- ✦ The Nightmare Before Christmas
- ✦ Hocus Pocus
- ✦ Halloween Town
- ✦ Spooky Buddies
- ✦ Spookley the Square Pumpkin
- ✦ Halloween is Grinch Night
- ✦ Scooby-Doo and the Goblin King

HAPPY HALLOWEEN!







# Step-by-Step Guide for Parents

Getting started with e-Funds for Schools

1

## CREATING A NEW ACCOUNT

1. Visit the website provided by your district.
2. Click on **Create an Account**.
3. Provide requested information.
4. Click **Create Account**.

2

## ACCOUNT MANAGEMENT PAYMENT INFORMATION

1. Log into your Account
2. Select **Payment Methods** under **Payment Settings**.
3. Select **New Credit Card** or **New Direct Debit** to add new payment information.
4. After entering all required information, read **Consent** and select **Add** to save information to account.

3

## ACCOUNT MANAGEMENT STUDENTS

1. Log into your account.
2. Select **Manage Students** under **Manage Account**.
3. Enter student Last Name and Student Number.
4. Select **Add Student(s)**.
5. Repeat steps 2-4 to add additional students.

## SET UP RECURRING PAYMENT

1. Select the payment item you would like to create a recurring payment for.
2. Enter amount of payment.
3. Select **Add to Cart**.
4. Select **Begin Checkout**.
5. Select **Edit** (from the Confirm Payment screen).
6. Select the arrow under frequency.
7. Change the "1" under number of payments to the number of times you would like the payment to process.
8. Select **Confirm**.
9. Change the start date to your desired payment date.
10. Select **Schedule Now**. Save the reference #. A payment notice will be emailed when payment is made.

4

5

## MAKE A PAYMENT

1. Select type of payment you would like to make.
2. Select student.
3. Enter amount of payment.
4. Select **Begin Checkout**.
5. Choose payment method or enter new method.
6. Review items and total.
7. Select **Pay Now**.

*There is a \$1.25 transaction convenience fee for each electronic checking payment that you make. For payments made by credit or debit card, there is a convenience fee of \$2.85 per each \$100 increment in the transaction. When you set up your account, please review your options carefully.*

# North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

OCTOBER, 2023

Fat Free & 1% Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Mini Breakfast Sandwiches 36g <b>OR</b> Yogurt Lunch 43g Sunset Sip Juice 11g Orange Slices 21g	<b>3</b> Cheese Quesadilla w/salsa 42g <b>OR</b> Uncrustable 32g Fiesta Beans 22g Peaches 12g	<b>4</b> Mini Corn Dogs 27g <b>OR</b> Yogurt Lunch 43g Green Beans 12g Baby Carrots 5g Pears 14g	<b>5</b> Chicken Patty 47g <b>OR</b> Yogurt Lunch 43g Smiley Potatoes 20g Mixed Fruit 16g	<b>6</b> Cheese Stuffed Crust Pizza 35g <b>OR</b> Uncrustable 32g Cucumber Slices 2g Fresh Fruit 21-29g Chocolate Chip Cookie 17g
<b>9</b> <b>No school</b>	<b>10</b> Taco Pizza 28g <b>OR</b> Uncrustable 32g Fiesta Beans 22g Pears 14g	<b>11 Late Start</b> Popcorn Chicken 17g <b>OR</b> Yogurt Lunch 43g Dinner Roll 17g Broccoli 5g Pineapple 20g	<b>12</b> Cheeseburger 31.2g <b>OR</b> Ham & Cheese Sub 30g Baked Beans 29g Baby Carrots 12g Peaches 12g	<b>13</b> Cheese Sticks w/marinara sauce 32g <b>OR</b> Uncrustable 32g Romaine Salad 5g Celery Sticks 6g Fresh Fruit 21-29g
<b>16</b> Pancakes w/sausage 40g <b>OR</b> Yogurt Lunch 43g Cherry Star Juice 13g Applesauce 22g	<b>17</b> Taco Stick 32g salsa & sour cream 6g <b>OR</b> Uncrustable 32g Corn 14g Tropical Fruit Mix 15g	<b>18</b> Hot Dog 32g <b>OR</b> Ham & Cheese Sub 30g Baked Beans 29g Peaches 12g	<b>19</b> Chicken Nuggets 14g <b>OR</b> Yogurt 43g Dinner Roll 17g Corn 17g Pears 15g	<b>20</b> Cheese Pizza 34g <b>OR</b> Uncrustable 32g Cucumber Slices 2g Fresh Broccoli 11g Fresh Fruit 21-29g Sugar Cookie 17g
<b>23</b> French Toast Sticks w/sausage 28g <b>OR</b> Yogurt Lunch 43g Dragon Punch Juice 14g Applesauce 22g	<b>24</b> Nachos w/cheese & salsa 37g <b>OR</b> Uncrustable 43g Fiesta Beans 22g Mixed Fruit 16g	<b>25</b> Chicken Tenders 14g <b>OR</b> Yogurt 43g Dinner Roll 17g Broccoli Blend 5g Pears 15g	<b>26</b> Pepperoni Pizza 34g <b>OR</b> Uncrustable 32g Garden Salad w/sliced veggies 5g Baby Carrots 12g Slushie 22g	<b>27</b> <b>Institute Day</b> <b>No School</b>
<b>30</b> Pancakes w/sausage 40g <b>OR</b> Yogurt Lunch 43g Cherry Star Juice 13g Applesauce 22g	<b>31</b> Soft Taco w/shredded lettuce, salsa & sour cream 40g <b>OR</b> Uncrustable 32g Fiesta Beans 22g Pears 14g			