



Capron News



October 1, 2021

- * Oct 6 Preschool screening
- * Oct 8 Progress Reports sent home
- * Oct 11 Columbus Day **No School**
- * Oct 19 Board Meeting @ 6:30 PM at District Office
- * Oct 20 Parent Teacher Conferences 4:00-7:30 PM
- * Oct 22 Teacher Institute **No School**
- * Oct 25 PTO Meeting 3:00 PM
- * Oct 26 Picture Retakes
- * Oct 28 Parent Teacher Conferences 4:00-7:30 PM
- * Oct 29 Halloween Parade 1:30 PM

October 20th and 28th



FALL CONFERENCES

Parent/Teacher Conferences are scheduled for October 20th & October 28th from 4:00-7:30 PM.



PICTURE RETAKE

If you were absent, forgot picture money, need a retake, didn't buy pictures, or maybe you want more, now's your chance! Life-touch is back on October 26, 2021. Stop by the office and pick up an order form and then send it back with your child.



REMEMBER TO DRESS FOR COOLER WEATHER!

With cooler weather drawing near, it is time to put away those shorts and dig out the sweaters. As you are aware, Capron weather changes frequently. Please dress your child for the weather. Dressing in layers is always a good idea so that children can adjust to the changing temperature accordingly.



HEALTH SERVICES

Parents, please keep your child home if s/he is sick with a temperature of more than 99.6°, has nausea, vomiting or diarrhea, has a headache, cough, sore throat or other flu symptoms, has a rash or infection of the skin, or red or pink eyes. Most childhood illnesses are over quickly but if the symptoms are severe or persist more than 24 hours, you should contact your private source of medical care.



HALLOWEEN PARADE and PARTIES OCTOBER 29

The Halloween Parade will be outside (weather permitting) at 1:30. Halloween parties will take place in students' classrooms. Capron is an Elementary School with children as young as 3 years old participating in the parade and parties. We want all children to feel safe and not afraid as a result of scary costumes. Therefore, we kindly request that students do not dress in costumes depicting violence or gore, or dress in a way that may frighten our young students. Staff at Capron reserve the right to deny the wearing of costumes, makeup, or masks if they depict violence or gore of any kind. The following is strictly prohibited:



- ⇒ **Blood or gore of any kind**
- ⇒ **Weapons or "look alike" weapons including knives, guns, bullets, swords, etc.**

Simply put, if the intent of the costume is to scare, or be scary, it is not to be worn at school. Thank you for your cooperation.



PTO- Upcoming PTO meeting will be Oct 25th at 3p. This will be our election meeting. We will be voting for president, vice president, treasurer and secretary. If you would like to sit on the board, please nominate yourself or someone you feel would like to participate. All nominations need to be in by Oct 22nd. Ballots will be available on Oct 8th or you can pick up an absentee ballot between Oct 7th-8th. Absentee ballots need to be in by the end of the school day Oct 8th. We are looking forward to another positive year at Capron Elementary! Any questions or concerns, please contact Nicole Difford @ 815-569-2314

Fun Run Winners!

Lap Winners:

Mrs. Gerl's AM PreK: Michael Lawrence and Ariel Saldana

Mrs. Gerl's PM PreK: Colt Bennet and Decorah Williams

Mrs. Guthrie's AM PreK: Ian Ecsamilla and Kristianna Killmer

Mrs. Gurthrie's PM PreK: Blayke Anderson and Natalie Frykman

Mrs. Hilton's K: Mac Kenworthy and Ariana Ramey

Mrs. Grover's 1st: Grayden Peck and Jesse Perry and Cheyanne Fleming, Jackeline Garcia, Perla Mercado, and Geneva Nelson

Ms. Harkness's 2nd: Diego Garcia and Bailey Richardson

Ms. Kint's 3rd: Diego Escamilla and Evan Tevis and Ava Indvik and Kayla Wagner

Mrs. Saveley's 3rd/4th: Marcos Juarez and Samantha Garcia

Mrs. Maten's 4th: Bryan Albrecht and Lilly Bryan, Annika Indvik, Ahvi Owens, and Kenlee Sundeen

Top Lap Running Class: Mrs. Gerl's AM PreK





Check us out on the web: www.nbcusd.org. Make sure to check out the Capron Calendar for all the happenings!

North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

OCTOBER, 2021

Fat Free Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
				
4 Pancakes w/sausage 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Applesauce 22g	5 Cheese Quesadilla w/salsa 42g OR Uncrustable 32g Refried Beans 23g Peaches 12g	6 Mini Corn Dogs 27g OR Yogurt Lunch 43g Green Beans 12g Baby Carrots 5g Pears 14g	7 Chicken Patty 47g OR Uncrustable 32g Broccoli Blend 5g Pineapple 15g	3 Cheese Sticks w/marinara sauce 32g OR Yogurt Lunch 43g Baby Carrots & Celery Sticks 15g Pineapple 15g Cookie 34g
11 Columbus Day No School National School Lunch Week	12 Waffles w/sausage 38g OR Yogurt Lunch 43g Dragon Punch Juice 13g Orange Slices 21g	13 Jumbo Popcorn Chicken 13g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Applesauce 22g	14 Cheeseburger 31.2g OR Yogurt Lunch 43g Green Beans 12g Mixed Fruit 16g	8 Pepperoni Pizza 34g OR Yogurt Lunch 43g Garden Salad w/sliced veggies 6.6g Fresh Fruit 21-29g
18 Soft Taco w/lettuce, salsa & sour cream 40g OR Uncrustable 32g Corn 14g Pineapple 15g	19 Hot Dog 32g OR Yogurt Lunch 43g Baked Beans 29g Baby Carrots 5g Mixed Fruit 16g	20 Chicken Nuggets 14g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Peaches 12g	21 Cheese Pizza 34g OR Yogurt Lunch 43g Garden Salad 3.6g Fruit Slushie 22g	15 French Bread Pizza 33g OR Yogurt Lunch 43g Romaine Salad 4.6g Baby Carrots 5g Peaches 12g
25 French Toast Sticks w/sausage 26g OR Yogurt Lunch 43g Sunset Sip Juice 11g Orange Slices 21g	26 Nachos w/cheese & salsa 37g OR Uncrustable 43g Fiesta Beans 22g Pears 14g	27 Chicken Tenders 14g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Applesauce 22g	28 BBQ Rib Sandwich 27g OR Yogurt Lunch 43g Corn 14g Peaches 12g	22 Teacher Institute Day No School
				29 Cheese Sticks w/marinara sauce 32g OR Yogurt Lunch 43g Baby Carrots & Celery Sticks 15g Pineapple 15g Cookie 34g