



Capron News



November 1, 2021

Calendar Events

- * Nov 9 Board Meeting
@ 6:30 pm at District
Office
- * Nov 12 End of
Trimester
- * Nov 19 Report Cards
sent home
- * Nov 23 Thanksgiving
pageant online. Video
will be posted.
- * Nov 24-26 Thanksgiv-
ing Holiday—No
School

Thanksgiving

Tuesday, November 23rd is the last day of school before Thanksgiving. Schools will be closed on Wednesday, Thursday, and Friday, November 24, 25, and 26.

Have a Happy Thanksgiving!



This month the school nurse will be going into classrooms to educate students about good health and hygiene. These educational sessions will hopefully help kids understand how their overall health influences their school and outside activity performance.

Staying Healthy MASK!

Our students have done a phenomenal job wearing a clean mask to school each day.

COLD WEATHER

WINTER IS COMING – PLEASE REMEMBER THAT YOUR CHILDREN ARE STILL GOING OUTSIDE FOR RECESS!



The School District's Policy is that children will be outside for recess as long as the wind chill is above 10 degrees. Please be sure your child comes to school each day prepared for outdoor recess. They should have a winter coat, as well as hats and gloves. Also, students wait outside in the morning as buses arrive – they need to be warmly dressed then too!

INCLEMENT WEATHER POLICY

In the event that school is cancelled, families will be called before 6:00am. Radio and TV stations will also be notified by 6:00am

See the winter weather chart on the next page for further information.

Understand the Weather

Wind-Chill



- 30° is **chilly** and generally uncomfortable
- 15° to 30° is **cold**
- 0° to 15° is **very cold**
- 15° to 0° is **bitter cold** with significant risk of **frostbite**
- -20° to -60° is **extreme cold** and **frostbite** is likely
- -60° is **frigid** and exposed **skin will freeze** in 1 minute

Child Care Weather Watch

Wind-Chill Factor Chart (in Fahrenheit)

		Wind Speed in mph								
		Calm	5	10	15	20	25	30	35	40
Air Temperature	40	40	36	34	32	30	29	28	28	27
	30	30	25	21	19	17	16	15	14	13
	20	20	13	9	6	4	3	1	0	-1
	10	10	-1	-4	-7	-9	-11	-12	-14	-15
	0	0	-11	-16	-19	-22	-24	-26	-27	-29
	-10	-10	-22	-28	-32	-35	-37	-39	-41	-43
	-20	-20	-34	-41	-45	-48	-51	-53	-55	-57
	-30	-30	-46	-53	-58	-61	-64	-67	-69	-71



Comfortable for out door play



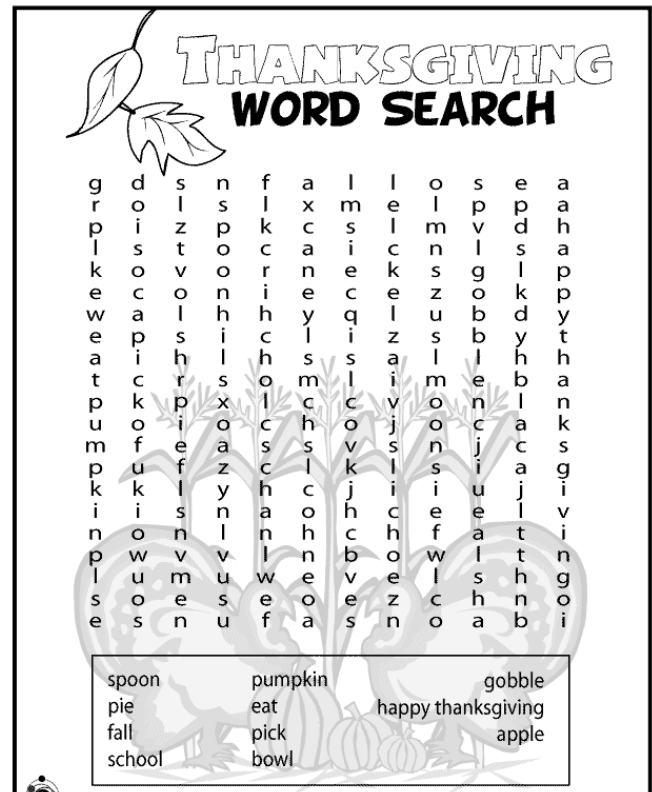
Caution



Danger

Staying Connected

This year, communication has been more important than ever. We have tried to prioritize our communications to keep families informed without overfilling your in-boxes. Please continue to stay in contact with your student's teacher for classroom information and our Elementary Office for health and safety updates. Check out our Facebook page to stay up to date on everything at Capron Elementary School.
<https://www.facebook.com/CapronElementary>



North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4) **NOVEMBER, 2021**

Fat Free Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancakes w/sausage 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Applesauce 22g	2 Cheese Quesadilla w/salsa 42g OR Uncrustable 32g Refried Beans 23g Peaches 12g	3 Mini Corn Dogs 27g OR Yogurt Lunch 43g Green Beans 12g Baby Carrots 5g Pears 14g	4 Chicken Patty 47g OR Uncrustable 32g Broccoli Blend 5g Pineapple 15g	5 Pepperoni Pizza 34g OR Yogurt Lunch 43g Garden Salad w/sliced veggies 6.6g Fresh Fruit 21-29g
8 Waffles w/sausage 38g OR Yogurt Lunch 43g Dragon Punch Juice 13g Orange Slices 21g	9 Nachos w/cheese & salsa 37g OR Uncrustable 32g Fiesta Beans 22g Pears 14g	10 Jumbo Popcorn Chicken 13g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Applesauce 22g	11 Cheeseburger 31.2g OR Yogurt Lunch 43g Green Beans 12g Mixed Fruit 16g	12 French Bread Pizza 33g OR Yogurt Lunch 43g Romaine Salad 4.6g Baby Carrots 5g Peaches 12g
15 Chicken Nuggets 14g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Peaches 12g	16 Soft Taco w/lettuce, salsa & sour cream 40g OR Uncrustable 32g Corn 14g Pineapple 15g	17 Hot Dog 32g OR Yogurt Lunch 43g Baked Beans 29g Baby Carrots 5g Mixed Fruit 16g	18 Turkey w/gravy Mashed Potatoes Dinner Roll Cinnamon Applesauce Cookie No choice day	19 Cheese Pizza 34g OR Yogurt Lunch 43g Garden Salad 3.6g Fruit Slushie 22g
22 French Toast Sticks w/sausage 26g OR Yogurt Lunch 43g Sunset Sip Juice 11g Orange Slices 21g	23 Chicken Tenders 14g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Applesauce 22g	24 No School	25 	26
29 Pancakes w/sausage 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Applesauce 22g	30 Cheese Quesadilla w/salsa 42g OR Uncrustable 32g Refried Beans 23g Peaches 12g			Due to ongoing distribution issues, the menu may change without notice and there may be days without choices. Thank you.