

**NOVEMBER 2012
IMPORTANT
DATES**

**11/4 Daylight Sav-
ings-Turn your
clocks back 1
hour**

**11/5 ELL Parent
Meeting @ Cap-
ron Elementary
7:00 pm**

11/6 Election Day

**11/8 Make and
Take Night**

**11/10 PTO Night
at the Icehogs
7:05 pm**

**11/13 PTO Meet-
ing 6:30 pm**

**11/17 PTO Family
Fun Night**

**11/21 No School-
Veteran's Day
Observed**

**11/22 No School-
Happy Thanksgiv-
ing!**

11/23 No School

**11/28 Dismissal
12:45 pm**

Poplar Grove

Elementary News

NOVEMBER 2012

Belvidere/Boone County Food Pantry Info

The Belvidere/Boone County Food Pantry will be giving Christmas gifts to the children of clients beginning Tuesday, December 4, continuing Tuesday, December 11, with Tuesday, December 18, being the final day for gifts. As long as the supply of gifts last, clients will choose one unwrapped item for each child in their family.

The Pantry is located at 200 S. Fifth Street in Capron and Tuesday hours are from 8:00 am to 3:00 pm. For new clients wishing to sign up for food, they must bring a picture ID and two pieces of mail within thirty days with their current address. Income restrictions apply based upon USDA guidelines. Please contact the Pantry at (815) 569-1571 for additional information.

Make and Take Family Reading Night

Thursday, November 8th, will be our Family Make & Take Night at PGE! Come at 6:00 and go to each of your children's classrooms to help your children make something fun and interesting to take home and use. This is a great opportunity to partner with your children's teachers to support your children's learning and success in school. What a fun and festive atmosphere with great projects and snacks to take home and enjoy as a family! Thursday, November 8th, 6:00-7:00 PM. We will be having a book swap during the evening. Bring any of your books from home to trade for someone else's favorite.

The staff at Poplar Grove would like to thank all of the wonderful cooks who donated dinner items for parent-teacher conferences. Everything was wonderful!



We will notify you of emergency closings using our school messenger system. You will also be able to get information on the local television and radio stations.

THANK YOU

Family Reading Night Info

We will be having some reading nights for families of PGE students. Here are some of the dates and details;

- Thursday, February 21, 2013-All school Family Night– nationally acclaimed magician/ventriloquist Chris McBrien will be performing at 6:00 pm. Please watch for more details.
- After the first of the year, PGE students will be participating in One Book, One School. All PGE students will be reading the same book during a designated time period. Please watch for more info on this exciting simultaneous reading adventure.

Recess will continue to be outside unless the WINDCHILL is below zero. Please make sure your child has the necessary clothing for outside recess. Please label all hats, coats, boots and gloves with your child's name and remember to check the lost and found.

Thank You!

We have many wonderful people who volunteer their time. We would like to thank Theresa Abell, Jacqueline Anderson, Ashley Bates, Mike Bakken, Kristin Bellend, Carissa Blazer, Jason Bodell, Chrissy Carpenter, Kylene Cottrell, Teri Crookshank, Chris Danner, Chantalle Edmunds, Cindy Enos, Izabela Faraone, Kirsten Frederick, Karen Gadke and Kiuna, Liz Galaviz, Jennifer Gibson, Leticia Held, Jessica Hesterly, Brenda Hirsch, Jamie Lamb, Michele Lessard, Stephanie Meyers, Shae O'Neill, Katie Park, Anita Roberts, Hana Shammakh, Kerri Shoemaker, Angela Smith, Lucerito Soto, Andrea Sowers, Jeremy Tennant, Brandy Theisen, Cassie Turner, and Jamie Wheeler.

Cold vs. Flu Information



Cold vs. Flu Symptoms Guide

The answers to these questions can help determine whether a child is fighting the flu or combating a cold:

Flu vs. Colds: A Guide to Symptoms

Questions	Flu	Cold
Was the onset of illness ...	sudden?	slow?
Does your child have a ...	high fever?	no (or mild) fever?
Is your child's exhaustion level ...	severe?	mild?
Is your child's head ...	achy?	headache-free?
Is your child's appetite ...	decreased?	normal?
Are your child's muscles ...	achy?	fine?
Does your child have ...	chills?	no chills?

If most of your answers fell into the first category, chances are that your child has the flu. If your answers were usually in the second category, it's most likely a cold.

But don't be too quick to brush off your child's illness as just another cold. The important thing to remember is that flu symptoms can vary from child to child (and they can change as the illness progresses), so if you suspect the flu, call the doctor. Even doctors often need a test to tell them for sure if a person has the flu or not since the symptoms can be so similar!

Some bacterial diseases, like strep throat or pneumonia, also can look like the flu or a cold. It's important to get medical attention immediately if your child seems to be getting worse, is having any trouble breathing, has a high fever, has a bad headache, has a sore throat, or seems confused.

While even healthy kids can have complications of the flu, kids with certain medical conditions are at more of a risk. If you think your child might have the flu, contact your doctor.

Treatment

Some kids with chronic medical conditions may become sicker with the flu and need to be hospitalized, and flu in an infant also can be dangerous. For severely ill kids or those with other special circumstances, doctors may prescribe an antiviral medicine that can ease flu symptoms, but only if it's given within 48 hours of the onset of the flu.

Most of the time, you can care for your child by offering plenty of fluids, rest, and extra comfort.

And if the doctor says it's not the flu? Ask whether your child should get a [flu shot](#).



PreKindergarten Developmental Screening

North Boone Family Centered Pre Kindergarten program will have screening for children 3 to 4 years old in District #200. The developmental screening will be held at Capron Elementary School on a monthly basis. Please call Capron Elementary School to schedule an appointment. The children are screened for possible selection to participate in 2013-2014 school year in the North Boone Pre-K program.

Children will be taking part in an individual screening process which will take about an hour for each child to complete. If you would like to take advantage of this program, which is designed to provide free educational services for eligible children in District #200, please call 815-569-2314 between 8 am and 3:30 pm.

A parent or guardian must accompany the child to Capron School, 200 N. Wooster. Parents need to bring a copy of the child's birth certificate and Social Security number with them to the screening.

El program jardín de infancia centrado de la familia de North Boone tendrá exámenes para los niños de 3 a 4 años de edad en el district #200. Los exámenes de desarrollo se llevara a cabo en la escuela primaria de Capron sobre una base mensual. Por favor llame a Capron la escuela primaria para una cita. Los niños son revisados para su posible selección a participar en el año escolar 2013-2014 en el program del Norte de Boone Pre-k.

Los niños participarán en un proceso de exámenes individual que tomara alrededor de una hora para que cada niño termine. Si usted quisiera aprovecharse de este programa, que se diseña para proporcionar los servicios educativos libres para los niños elegibles en el district #200, llame por favor 815-569-2314 entre 8 am y 3:30 pm.

Un padre o un guarda debe acompañar al niño a la escuela de Capron, 200 N. Wooster. Los padres necesitan traer una copia de la partida de nacimiento del niño y número de Seguridad Social con ellos a la investigación.