

NOVEMBER

North Boone Middle School & Upper Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Uncrustable and Yogurt Meals will be offered daily.				
3	4	5	6	7
Chicken Tenders 17g Dinner Roll 14g Corn 34g Baby Carrots 12g Peaches 24g	Cheese Quesadilla 38g Salsa & Sour Cream 6g Fiesta Beans 22g Celery Sticks 6g Watermelon 12g	Orange Chicken w/ Fried Rice 61g Broccoli 6g Strawberries 9g Fortune Cookie 3g	Honey BBQ Mr Rib On Bun 41g Green Beans 6g Juice 14g Applesauce 22g	Stuffed Crust Pepperoni Pizza 36g Garden Salad w/ Cucumber 7g Fresh Fruit 21-29g
10	11	12 LATE START	13	14
Corn Dog 25g Baked Beans 29g Cucumber Slices 2g Grapes 28g Juice 16g	Walking Taco w/ Lettuce, Cheese, Salsa & Sour Cream 40g Corn 17g Baby Carrots 12g Pears 14g	Popcorn Chicken 17g Dinner Roll 14g Green Beans 6g Pineapple 40g	Mac-N-Cheese 28g Dinner Roll 14g Steamed Broccoli 6g Cucumbers 2g Peaches 24g	Cheese Pizza 31g Romaine Salad 5g Baby Carrots 12g Fresh Fruit 21-29g
17	18	19	20	21
Cheeseburger 31.2g Corn 34g Celery Sticks 6g Applesauce 22g	Turkey Gravy w/ Mashed Potatoes 17g Dinner Roll 14g Corn 17g Fresh Fruit 21-29g	Cheese Sticks w/ Marinara 32g Green Beans 6g Cucumbers 2g Strawberries 9g	Hot Dog On Bun 32g Fritos Baked Beans 29g Celery Sticks g Fresh Fruit 21-29g	Pepperoni Pizza 36g Garden Salad w/ Cucumber 7g Fresh Fruit 21-29g Slushie 22g
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
				

