



# NOVEMBER

## North Boone High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Spicy Chicken Tenders</b> 17g Dinner Roll 17g Green Beans 8g Assorted Fruit 21-29g	<b>Quesadilla</b> 38g Salsa & Sour Cream 6g Corn 24g Assorted Fruit 21-29	<b>Corn Dog</b> 27g Baked Beans 52g Celery Sticks 6g Assorted Fruit 21-29g Fruit Juice 14g	<b>Chicken Patty on Bun</b> 37g Baked Lays 24g Broccoli 6g Assorted Fruit 21-29g	<b>Deep Dish Pizza</b> 31g Baby Carrots 12g Celery Sticks 6g Pizza Crisps 23g Assorted Fruit 21-29g
<b>10</b>	<b>11</b>	<b>12 LATE START</b>	<b>13</b>	<b>14</b>
<b>Turkey Gravy w/ Mashed Potatoes</b> 17g Dinner Roll 14g Corn 17g Fresh Fruit 21-29g	<b>Cheeseburger on Bun</b> 29g Baked Lays Chips 24g Baked Beans 52g Assorted Fruit 21-29g	<b>Beefy Nachos w/ Meat, Cheese Sauce, Lettuce</b> Salsa & Sour Cream 46g Fiesta Beans 22g Assorted Fruit 21-29g	<b>Honey BBQ Mr Rib On Bun</b> 41g Corn 34g Slushie 22g Assorted Fruit 21-29g	<b>Stuffed Crust Cheese Pizza</b> 35g Romaine Salad 4g Cucumber Slices 2g Assorted Fruit 21-29g Ranch 2g
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Cheese Sticks w/ Marinara</b> 32g Green Beans 6g Cucumbers 2g Strawberries 9g	<b>Spicy Chicken Patty On Bun</b> 37g Broccoli Blend 6g Assorted Fruit 21-29g	<b>Walking Taco w/ Lettuce, Cheese,</b> Salsa & Sour Cream 40g Corn 17g Baby Carrots 12g Pears 14g	<b>Hot Dog On Bun</b> 32g Fritos 16g Baked Beans 26g Baby Carrots 12g Assorted Fruit 21-29g	<b>Stuffed Crust Pepperoni Pizza</b> 36g Romaine Salad 4g Celery Sticks 6g Assorted Fruit 21-29g Slushie 22g
<b>24 NO SCHOOL</b>	<b>25 NO SCHOOL</b>	<b>26 NO SCHOOL</b>	<b>27 NO SCHOOL</b>	<b>28 NO SCHOOL</b>
	<b>Fall Break</b>			
Fresh Fruit, Fresh vegetables, Fat Free & 1% milk served daily with meals. Students are required to take fruit and/or vegetable for a complete meal. Assorted sandwiches and salads served daily. Menu subject to change without notice Please contact Julie Antonsen with any questions, <a href="mailto:jantonsen@nbcusd.org">jantonsen@nbcusd.org</a>				

