



CAPRON NEWS



March 1, 2023

Calendar Events

- * Mar 6-Apr 6 IAR testing
- * Mar 10 Report cards home
- * Mar 12 Daylight saving Time
- * Mar 14 Picture Retake Day
- * Mar 15 Late Start 9:00A M
- * Mar 15 Preschool Screening 12-2 PM
- * Mar 21 School Brd Mtg @ 6:30 PM
- * Mar 27-31 Spring Break



SPRING BREAK

March 27– March 31
School resumes Monday
April 3.

IAR TESTING

Capron Elementary School 3rd & 4th grade students will begin IAR testing on March 6 and will test until April 6. In order to prepare your child for testing, please make sure they get enough rest, a good breakfast, and start the day off in a positive manner. Student daily attendance is very important in getting these tests completed in a timely manner!



2023-2024 Kindergarten Registration

Kindergarten Registration will be online starting March 22.
Go to www.nbcusd.org
(Scroll to the bottom.)

We look forward to welcoming the
Class of 2036!



PRESCHOOL SCREENINGS

Preschool screenings are being scheduled for **Wed March 15** at Capron Elementary School.
Parents must make an appointment for their child and must call 815-569-2314 between 8:00 AM-3:30 PM to set this up.



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Nurse Notes



Dental Exams:

Dental exams are required for Kindergarten and 2nd grade students. If you have not turned in your child's dental exam please send it in or fax it to the nurse by May 15, 2023. A letter will be sent home if you are missing this paperwork, so please check your child's backpack. Fax- 815-569-2633

Eye Exam

If you haven't done so, please turn in the required eye exam for Kindergarten as soon as possible.

Cold and flu season

Please remember if your child has a fever, they must remain fever free for 24 hours without the use of medication before they can return to school. Please do not medicate your child and send them to school if they have a fever. The same rule applies to diarrhea and/or vomiting. This is to help prevent the spread of illness to other students and staff. This district policy will be strictly enforced. Remember the key to staying germ free is washing your hands frequently, covering coughs and sneezes, staying home when you or your child are ill .




North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

MARCH, 2023

Fat Free & 1% Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Hot Dog 32g OR Yogurt Lunch 43g Baked Beans 29g Carrots 5g Mixed Fruit 16g	2 Chicken Nuggets 14g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Peaches 12g	3 Cheese Pizza 34g OR Yogurt Lunch 43g Garden Salad 3.6g Fruit Slushie 22g
6 French Toast Sticks w/sausage 28g OR Yogurt Lunch 43g Sun Splash Juice 15g Orange Slices 21g	7 Nachos w/cheese & salsa 37g OR Uncrustable 43g Fiesta Beans 22g Baby Carrots 5g Pears 14g	8 Mac & Cheese 45g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Peaches 12g	9 Chicken Tenders 14g OR Uncrustable 32g Dinner Roll 15g Corn 14g Applesauce 22g	10 Cheese Sticks w/marinara sauce 32g OR Yogurt Lunch 43g Green Beans 12g Pineapple 15g Cookie 17g
13 Waffles w/sausage 38g OR Yogurt Lunch 43g Dragon Punch Juice 13g Orange Slices 21g	14 Grilled Cheese 31g OR Uncrustable 32g Tomato Soup 18g Peaches 12g Chocolate Pudding 24g Vanilla Pudding 21g	15 Late Start Mini Corn Dogs 27g OR Yogurt Lunch 43g Green Beans 12g Baby Carrots 5g Pears 14g	16 Chicken Patty 47g OR Uncrustable 32g Broccoli Blend 5g Pineapple 15g	17 Pepperoni Pizza 34g OR Yogurt Lunch 43g Garden Salad w/sliced veggies 6.6g Fresh Fruit 21-29g
20 Pancakes w/sausage 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Applesauce 22g	21 Taco Pizza 28g OR Uncrustable 32g Fiesta Beans 22g Pears 14g	22 Popcorn Chicken 13g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Applesauce 22g	23 Cheeseburger 31.2g OR Yogurt Lunch 43g Green Beans 12g Mixed Fruit 16g Strawberry or Orange Jello Cup 23g	24 Deep Dish Pizza 22g OR Yogurt Lunch 43g Romaine Salad 4.6g Baby Carrots 5g Peaches 12g
No School 27th-31st School Resumes April 3rd	