



CAPRON NEWS



March 1, 2022

Calendar Events

- * Mar 9 Preschool Screening 12-2PM
- * Mar 13 Daylight saving Time
- * Mar 15 School Brd Mtg @ 6:30 PM
- * Mar 16 Late Start 9:00AM
- * Mar 21-Apr 14 IAR testing
- * Mar 28– Apr 1 Spring Break

IAR TESTING

Capron Elementary School 3rd & 4th grade students will begin IAR testing on March 21st and will test until April 14th. In order to prepare your child for testing, please make sure they get enough rest, a good breakfast, and start the day off in a positive manner. Student daily attendance is very important in getting these tests completed in a timely manner!



2022-2023 Kindergarten Registration

Kindergarten Registration is open online.
Go to www.nbcusd.org
(Scroll to the bottom.)

We look forward to welcoming the
Class of 2035!



PRESCHOOL SCREENINGS

Preschool screenings are being scheduled for **Wednesday March 9th & Wednesday April 13th** at Capron Elementary School. Parents must make an appointment for their child and must call 815-569-2314 between 8:00 AM-3:30 PM to set this up.



SPRING BREAK

March 28– April 1

School resumes Monday April 4.

Nurse Notes



Dental Exams:

Dental exams are required for Kindergarten and 2nd grade students. If you have not turned in your child's dental exam please send it in or fax it to the nurse by May 15, 2022. A letter will be sent home if you are missing this paperwork, so please check your child's backpack. Fax- 815-569-2633

Eye Exam

If you haven't done so, please turn in the required eye exam for Kindergarten as soon as possible.

Health Update

* Please do not send your student and notify the school if:

- Your child is ill
- Your child is being tested for Covid-19 from a reputable facility (Rapid Home tests are not an acceptable test for negativity before returning to school) and is waiting for results.
- Your child tested positive for Covid - 19 and has been told to isolate
- You have a positive Covid -19 case in your household
- Your child has been exposed to a positive Covid - 19 person (new guidelines for test to stay for school exposures when student has no symptoms, is vaccinated or has tested positive to Covid -19 within the last 90 days) unless symptomatic
- Your child has been identified as a close contact and has been told to quarantine.

Quarantine time, Return to School dates, test to stay guidelines may be unique to the student and should be discussed with the School Nurse.

*** IDPH Guidelines change frequently**

Cold and flu season

Please remember if your child has a fever, they must remain fever free for 24 hours without the use of medication before they can return to school. Please do not medicate your child and send them to school if they have a fever. The same rule applies to diarrhea and/or vomiting. This is to help prevent the spread of illness to other students and staff. This district policy will be strictly enforced. Remember the key to staying germ free is washing your hands frequently, covering coughs and sneezes, staying home when you or your child are ill .



North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

MARCH, 2022

Fat Free Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Soft Taco w/lettuce, salsa & sour cream 40g OR Uncrustable 32g Corn 14g Pineapple 15g	2 Hot Dog 32g OR Yogurt Lunch 43g Baked Beans 29g Baby Carrots 5g Mixed Fruit 16g	3 Chicken Nuggets 14g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Peaches 12g	4 Cheese Pizza 34g OR Yogurt Lunch 43g Garden Salad 3.6g Fruit Slushie 22g
7 French Toast Sticks w/sausage 26g OR Yogurt Lunch 43g Sunset Sip Juice 11g Orange Slices 21g	8 Nachos w/cheese & salsa 37g OR Uncrustable 43g Fiesta Beans 22g Pears 14g	9 Chicken Tenders 14g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Applesauce 22g	10 Mac & Cheese OR Yogurt Lunch 43g Dinner Roll 15g Corn 14g Peaches 12g	11 Cheese Sticks w/marinara sauce 32g OR Yogurt Lunch 43g Baby Carrots & Celery Sticks 15g Pineapple 15g Cookie 34g
14 Pancakes w/sausage 40g OR Yogurt Lunch 43g Cherry Star Juice 13g Applesauce 22g	15 Cheese Quesadilla w/salsa 42g OR Uncrustable 32g Refried Beans 23g Peaches 12g	16 Late Start Mini Corn Dogs 27g OR Yogurt Lunch 43g Green Beans 12g Baby Carrots 5g Pears 14g	17 Chicken Patty 47g OR Uncrustable 32g Broccoli Blend 5g Pineapple 15g	18 Pepperoni Pizza 34g OR Yogurt Lunch 43g Garden Salad w/sliced veggies 6.6g Fresh Fruit 21-29g
21 Waffles w/sausage 38g OR Yogurt Lunch 43g Dragon Punch Juice 13g Orange Slices 21g	22 Grilled Cheese 31g OR Yogurt Lunch 43g Tomato Soup 18g Peaches 12g	23 Jumbo Popcorn Chicken 13g OR Uncrustable 32g Dinner Roll 15g Broccoli 5g Applesauce 22g	24 Cheeseburger 31.2g OR Yogurt Lunch 43g Green Beans 12g Mixed Fruit 16g	25 French Bread Pizza 33g OR Yogurt Lunch 43g Romaine Salad 4.6g Baby Carrots 5g Peaches 12g
28-April 1st				Return April 4th