


**North Boone Middle School (7-8) & Upper Elementary (5-6)**

**SEPTEMBER, 2022**

*Fat Free Bread served daily with meals*

*Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Please be sure to fill out a meal application to see if your child qualifies for a free or reduced price lunch</b></p>	<p><b><u>Full paid lunch \$3.00</u></b></p>		<p>1 Cheeseburger 31.2g <b>OR</b> Uncrustable 64g Green Beans 12g Pineapple 15g</p>	<p>2 Pepperoni Pizza 35g <b>OR</b> Yogurt Entree 43g Baby Carrots 12g Sliced Cukes 2g Pears 14g</p>
	<p><b><u>Reduced price \$.40</u></b></p>			
<p>5</p> 	<p>6 Chicken Quesadilla w/salsa &amp; sour cream 42g <b>OR</b> Uncrustable 64g Fiesta Beans 22g Pineapple 15g</p>	<p>7 Mac &amp; Cheese 45g <b>OR</b> Yogurt Entree 43g Dinner Roll 15g Broccoli 12g Peaches 12g</p>	<p>8 Boneless Chicken Wings 14g <b>OR</b> Uncrustable 64g Dinner Roll 15g Corn 14g Pears 14g</p>	<p>9 Sausage Pizza 36g <b>OR</b> Yogurt Entree 43g Romaine Salad 4.6g Baby Carrots 12g Fresh Fruit 21-29g</p>
<p>12 Chicken Patty Sandwich 44g <b>OR</b> Yogurt Entrée 43g Corn 14g Pineapple 15g</p>	<p>13 Soft Taco w/lettuce, salsa &amp; sour cream 40g <b>OR</b> Uncrustable 64g Refried Beans 23g Mixed Fruit 16g</p>	<p>14 <b>Late Start</b> Deep Dish Pizza 31g <b>OR</b> Yogurt Entree 43g Broccoli 12g Carrots 12g Peaches 12g</p>	<p>15 Mini Corn Dogs 27g <b>OR</b> Uncrustable 64g Baked Beans 30g Dragon Punch Juice 13g Pears 14g</p>	<p>16 Cheese Sticks w/marinara sauce 32g <b>OR</b> Yogurt Entree 43g Green Beans 12g Applesauce 23g Cupcake 23g</p>
<p>19 Pancakes w/sausage patty 40g <b>OR</b> Yogurt Entree 43g Cherry Star Juice 13g Fresh Fruit Choice 21-29</p>	<p>20 Cheese Quesadilla w/salsa &amp; sour cream 36g <b>OR</b> Uncrustable 64g Fiesta Beans 22g Pineapple 15g</p>	<p>21 Hot Dog 32g <b>OR</b> Yogurt Entree 43g Baked Beans 29g Pears 14g</p>	<p>22 Chicken Nuggets 15g <b>OR</b> Uncrustable 64g Dinner Roll 15g Broccoli Blend 5g Peaches 12g</p>	<p>23 Cheese Pizza 24g <b>OR</b> Yogurt Entree 43g Garden Salad 3.6g Baby Carrots 12g Fruit Slushie 22g</p>
<p>26 Corn Dog 27g <b>OR</b> Yogurt Entree 43g Baked Beans 30g Peaches 12g Cookie 23g</p>	<p>27 Walking Taco w/lettuce, salsa &amp; sour cream 39g <b>OR</b> Uncrustable 64g Corn 14g Mixed Fruit 16g</p>	<p>28 Chicken Tenders 14g <b>OR</b> Yogurt Entree 43g Dinner Roll 15g Broccoli 5g Flavored Applesauce Cup 15g</p>	<p>29 Cheeseburger 31.2g <b>OR</b> Uncrustable 64g Green Beans 12g Pineapple 15g</p>	<p>30 Pepperoni Pizza 35g <b>OR</b> Yogurt Entree 43g Baby Carrots 12g Sliced Cukes 2g Pears 14g</p>