

# North Boone Middle School (7-8) & Upper Elementary (5-6)

## DECEMBER, 2021

*Fat Free & 1% Milk served daily with meals*

*Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Hot Dog 32g <b>OR</b> Yogurt Lunch 43g Baked Beans 29g Pears 14g	2 Chicken Nuggets 15g <b>OR</b> Uncrustable 64g Dinner Roll 15g Broccoli Blend 5g Peaches 12g	3 Cheese Pizza 24g <b>OR</b> Yogurt Lunch 43g Garden Salad 3.6g Baby Carrots 12g Fruit Slushie 22g
6 Corn Dog 27g <b>OR</b> Yogurt Lunch 43g Baked Beans 30g Peaches 12g	7 Walking Taco w/lettuce, salsa & sour cream 39g <b>OR</b> Uncrustable 64g Corn 14g Mixed Fruit 16g	8 Chicken Tenders 14g <b>OR</b> Yogurt Lunch 43g Dinner Roll 15g Broccoli 5g Flavored Applesauce Cup 15g	9 Cheeseburger 31.2g <b>OR</b> Uncrustable 64g Green Beans 12g Pineapple 15g	10 Pepperoni Pizza 35g <b>OR</b> Yogurt Lunch 43g Baby Carrots 12g Sliced Cukes 2g Pears 14g
13 BBQ Rib Sandwich 45g <b>OR</b> Yogurt Lunch 43g Wango Mango Juice 13g Applesauce 23g	14 Chicken Quesadilla w/salsa & sour cream 42g <b>OR</b> Uncrustable 64g Fiesta Beans 22g Pineapple 15g	15 Pepperoni Calzone w/marinara sauce 37g <b>OR</b> Yogurt Lunch 43g Green Beans 12g Peaches 12g	16 Boneless Chicken Wings 14g <b>OR</b> Uncrustable 64g Dinner Roll 15g Corn 14g Pears 14g	17 Sausage Pizza 36g <b>OR</b> Yogurt Lunch 43g Romaine Salad 4.6g Baby Carrots 12g Fresh Fruit 21-29g
20 Chicken Patty 44g <b>OR</b> Yogurt Lunch 43g Corn 14g Pineapple 15g	21 Mini Corn Dogs 27g <b>OR</b> Uncrustable 64g Baked Beans 30g Dragon Punch Juice 13g Pears 14g	22 <b>Start of Winter Break!!!</b> <b>Return January 5,2022</b>	23	24
27	28	29	30	31

