

MAY

Capron, Manchester & Poplar Grove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Stuffed Crust Pizza 36g Garden Salad 5g Celery Sticks 3g Fresh Fruit 21-29g
4	5	6	7	8
Pancakes w/ Sausage links 36g Cinnamon Applesauce 22g Sunset Sip Juice 15g	Taco Bites 30g Sour Cream & Salsa 3g Corn 17 Strawberries 10g	Hot Dog On Bun 32g Baked Beans 29g Baby Carrots 12g Fresh fruit 21-29g	Chicken Nuggets 14g Dinner Roll 14g Broccoli Blend 5g Pears 14g	Deep Dish Pizza 31g Cucumbers 2g Apple Slices 8g Cookie 34g
11	12	13	14	15
Egg & Cheese Breakfast Bagel 26g Sausage 26g Juice 13g Applesauce	Quesadilla 38g Refried Beans 23g Salsa & Sour Cream 6g Celery Sticks 3g Peaches 12g	Cheese Sticks w/ Marinara 32g Corn 17g Cucumbers 2g Orange 21g	Chicken Tenders 14g Dinner Roll 14g Broccoli Blend 5g Pears 14g	Cheese Pizza 34g Cucumbers 2g Pizza Crisps 23g Fresh Fruit 21-29g Jello 23g
18	19	20	21	22
Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice	LAST DAY
25	26	27	28	29
				*Yogurt lunch will be second choice Mon, Wed, Fri *EZ Jammers will be second choice Tues & Thurs
Fat Free & 1% milk served daily with meals. Students are required to take fruit and/or vegetable for a complete meal. Menu subject to change without notice Please contact Ward Green with any questions, wgreen@nbcusd.org				