# CAPRON NEWS

January 1, 2022

#### **Calendar Events**

- \* Jan 5 School resumes
- \* Jan 12 Preschool Screenings
- \* Jan 14 progress reports sent home
- \* Jan 17 No School MLK day
- \* Jan 18 School Board Mtg @ DO at 6:30 PM Jan 19 Late start 9:30am





### **UPDATE YOUR CONTACT INFORMATION....**

Make sure your contact information is current at school, including emergency contacts. This information is very important in case we need to get in touch with you. Thank you so much for keeping us up-to-date!



# Mask tips

IMPORTANT REMINDER: Anyone who is on school property is required to wear an appropriate face covering. Visitors will not be permitted to enter the school buildings unless approved by the building Principal.

We are asking that you wash your students mask each night and or send them with a clean mask each day. If this is not possible, please know that we have disposable masks available for your student to use if needed. As you can imagine, your child mask collects germs from their hands and particles in the air. Washing mask, or wearing a new one daily, will provide another opportunity to control the spread of germs. We know how tough it is to keep up with the laundry and now with the addition of mask it's even more of a hassle. We appreciate your support.

#### **Cold Weather**

Winter is here—brrr! It's important to plan ahead when it comes to safety when the temperatures start to drop, and the snow is falling.

Each night, after going over your child's homework, check to make sure your child has everything ready for the next school day. Put all your child's items in one convenient place. By having a routine, getting off to school in the morning will be easier for everyone.



#### From the Nurse

Students WILL BE SENT HOME AND NOT ALLOWED TO RETURN WITHOUT A COVID TEST FOR- Fever 100.4F or higher, Loss of taste/smell, Cough, Difficulty breathing, Shortness of breath, Fatigue, Headache, Sore throat, Congestion or runny nose, Chills, body aches, diarrhea/nausea or vomiting. Please understand when we call and ask you to come get your child, we are trying to keep everyone safe. Make sure you have a PLAN B for pick up, if your child becomes ill. The schools can do a rapid test and have results in 15 min. If no test is performed, the student may not return for 10 days from the start of symptoms. Happy Holidays!!



We must all follow the 3 W's: Wear a mask, Wash your hands, Watch your distance (leave 6ft when possible)



#### **SETTING GOALS**

A new year is a great time to set goals. Try some of these simple goal setting tips to get started!

- \* Write clear and measurable goals.
- \* Create a specific action plan for each goal.
- \* Read your goals daily and visualize yourself accomplishing them.
- \* Reflect on your progress to see if you are on target.
- \* Revise your action plans if needed.

Happy New Year!

## **OUTSTANDING SCHOOL FEES**

There are still a number of outstanding school fees. If you have not paid your child's school fees, please contact Melissa Geyman 815-765-3322 to set up a payment plan. Your cooperation in this matter is greatly appreciated.



# Good school attendance equals a good reader

Research shows that students who are chronically absent in Kindergarten and 1st grade are far less likely to read proficiently by 3rd grade.