




January

North Boone Middle School & Upper Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 NO SCHOOL	2 NO SCHOOL
*Uncrustable and Yogurt Meals will be offered daily.				
5	6	7	8	9
French Toast Sticks w/ Sausage 26g Hashbrown 16g Applesauces 22g Juice 14g	Beefy Nachos 41g Taco Meat, Cheese Sauce, Salsa & Sour Cream 6g Refried Beans 23g Assorted Fruit 21-29g	Hot Dog On A Bun 32g Fritos 16g Baked Beans 29g Baby Carrots 12g Celery Sticks 6g Assorted Fruit 21-29g	Mac-N-Cheese 28g Dinner Roll 14g Steamed Broccoli 6g Cucumbers 2g Peaches 24g	Deep Dish Pizza 31g Green Beans 6g Baby Carrots 12g Fresh Fruit 21-29g
12	13	14 LATE START	15	16
Chicken Patty On A Bun 35g Corn 34g Baby Carrots 12g Pineapple 40g	Quesadilla 38g Salsa & Sour Cream 6g Fiesta Beans 22g Celery Sticks 6g Watermelon 12g	Orange Chicken w/ Fried Rice 61g Broccoli 6g Celery Sticks 6g Fresh fruit 21-29g Fortune Cookie 3g	Honey BBQ Mr Rib On A Bun 41g Green Beans 6g Juice 14g Assorted Fruit 21-29gg	Stuffed Crust Pepperoni Pizza 36g Garden Salad w/ Cucumber 7g Fresh Fruit 21-29g
19 NO SCHOOL	20	21	22	23
	Walking Taco w/ Lettuce, Cheese, Salsa & Sour Cream 40g Corn 17g Baby Carrots 12g Pears 14g	Corn Dog 25g Baked Beans 29g Cucumber Slices 2g Grapes 28g Juice 16g	Popcorn Chicken 17g Dinner Roll 14g Broccoli 6g Mandarin Orange 40g	Cheese Pizza 31g Romaine Salad 5g Baby Carrots 12g Fresh Fruit 21-29g Cookie 34g
26	27	28	29	30
Cheeseburger on A Bun 31.2g Corn 34g Celery Sticks 6g Baby Carrots 12g Applesauce 22g	Taco Bites w/ Sour Cream & Salsa 45g Fiesta Beans 22g Watermelon & Cantaloupe 8g	Cheese Sticks w/ Marinara 32g Green Beans 6g Cucumbers 2g Grapes 28g	Chicken Nuggets 14g Dinner Roll 14g Broccoli Blend 5g Assorted Fruit 21-29g	Pepperoni Pizza 36g Garden Salad w/ Cucumber 7g Fresh Fruit 21-29g Slushie 22g
<p>Fat Free & 1% milk served daily with meals. Students are required to take fruit and/or vegetable for a complete meal. Menu subject to change without notice Please contact Julie Antonsen with any questions, jantonsen@nbcusd.org</p>				