

North Boone High School (9-12)

DECEMBER, 2021

*Assorted Sandwiches, Salads served Daily****Fat Free & 1% Milk served daily with meals****Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Nachos w/lettuce, salsa & sour cream 46g Refried Beans 46g Peaches 24g Cherry Star Juice 13g	2 Grilled Chicken Patty 20g Broccoli 10g Carrots 12g Pears 28g	3 Cheese Sticks w/marinara sauce 34g Green Beans 14g Applesauce 46g Cookie 34g
6 Spicy Chicken Patty 47g Broccoli Blend 10g Peaches 24g	7 Chicken Quesadilla w/salsa & sour cream 42g Fiesta Beans 44g Pineapple 30g	8 Pepperoni Calzone w/marinara sauce 37g Corn 34g Applesauce 46g	9 Hot Dog 32g Green Beans 14g Mixed Fruit 28g Sunset Sip Juice 13g	10 Sausage Pizza 32g Garden Salad 9g Baby Carrots 12g Fresh Fruit 21-29g
13 BBQ Rib Sandwich 41g Corn 34g Mixed Fruit 28g Cherry Star Juice 13g	14 Walking Taco w/lettuce, salsa & sour cream 40g Refried Beans 46g Pineapple 30g	15 Boneless Chicken Wings 14g Dinner Roll 15g Broccoli 10g Peaches 24g	16 Pork Chop Sandwich 43g Green Beans 14g Applesauce 46g	17 French Bread Pizza 33g Romaine Salad 4.6g Celery Sticks 7.5g Pears 28g
20 Testing.....No Lunch Served	21 Testing.....No Lunch Served	22 Start of Winter Break Return, January 5. 2022	23	24
27	28	29	30	31

