


North Boone High School (9-12)

SEPTEMBER, 2021

Fat Free & 1% Milk served daily with lunch

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Spicy Chicken Tenders 14g Dinner Roll 15g Green Beans 14g Peaches 24g	2 Chicken Patty 47g Broccoli Blend 10g Pineapple 30g Fruit Slushie 22g	3 Deep Dish Pizza 31g Baby Carrots 12g Celery Sticks 7.5g Fresh Fruit 21-29g
6 Labor Day No School	7 Chicken Tenders 14g Dinner Roll 15g Corn 34g Pineapple 30g	8 Nachos w/lettuce, salsa & sour cream 46g Refried Beans 46g Peaches 24g Cherry Star Juice 13g	9 Grilled Chicken Patty 20g Broccoli 10g Carrots 12g Pears 28g	10 Cheese Sticks w/marinara sauce 34g Green Beans 14g Applesauce 46g
13 Spicy Chicken Patty 47g Broccoli Blend 10g Peaches 24g	14 Chicken Quesadilla w/salsa & sour cream 42g Fiesta Beans 44g Pineapple 30g	15 Pepperoni Calzone w/marinara sauce 37g Corn 34g Applesauce 46g	16 Hot Dog 32g Green Beans 14g Mixed Fruit 28g Sunset Sip Juice 13g	17 Sausage Pizza 32g Garden Salad 9g Baby Carrots 12g Fresh Fruit 21-29g
20 BBQ Rib Sandwich 41g Corn 34g Mixed Fruit 28g Cherry Star Juice 13g	21 Walking Taco w/lettuce, salsa & sour cream 40g Refried Beans 46g Pineapple 30g	22 Boneless Chicken Wings 14g Dinner Roll 15g Broccoli 10g Peaches 24g	23 Pork Chop Sandwich 43g Green Beans 14g Applesauce 46g	24 French Bread Pizza 33g Romaine Salad 4.6g Celery Sticks 7.5g Pears 28g
27 Spicy Chicken Tenders 14g Dinner Roll 15g Green Beans 14g Peaches 24g	28 Cheese Quesadilla w/salsa & sour cream 43g Corn 34g Pears 28g	29 Chicken Patty 47g Broccoli Blend 10g Pineapple 30g Fruit Slushie 22g	30 Mini Corn Dogs 27g Baked Beans 52g Applesauce 46g Dragon Punch Juice 13g	