


North Boone High School 9-12
NOVEMBER, 2021

Fat Free Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheeseburger 36g Baked Beans 52g Fruit Cocktail 28g	2 Chicken Tenders 14g Dinner Roll 15g Corn 34g Pineapple 30g	3 Nachos w/lettuce, salsa & sour cream 46g Refried Beans 46g Peaches 24g Cherry Star Juice 13g	4 Grilled Chicken Patty 20g Broccoli 10g Carrots 12g Pears 28g	5 Cheese Sticks w/marinara sauce 34g Green Beans 14g Applesauce 46g Cookie 34g
8 Spicy Chicken Patty 47g Broccoli Blend 10g Peaches 24g	9 Chicken Quesadilla w/salsa & sour cream 42g Fiesta Beans 44g Pineapple 30g	10 Pepperoni Calzone w/marinara sauce 37g Corn 34g Applesauce 46g	11 Hot Dog 32g Green Beans 14g Mixed Fruit 28g Sunset Sip Juice 13g	12 Sausage Pizza 32g Garden Salad 9g Baby Carrots 12g Fresh Fruit 21-29g
15 BBQ Rib Sandwich 41g Corn 34g Mixed Fruit 28g Cherry Star Juice 13g	16 Walking Taco w/lettuce, salsa & sour cream 40g Refried Beans 46g Pineapple 30g	17 Boneless Chicken Wings 14g Dinner Roll 15g Broccoli 10g Peaches 24g	18 Pork Chop Sandwich 43g Green Beans 14g Applesauce 46g	19 French Bread Pizza 33g Romaine Salad 4.6g Celery Sticks 7.5g Pears 28g
22 Spicy Chicken Tenders 14g Dinner Roll 15g Green Beans 14g Peaches 24g	23 Cheese Quesadilla w/salsa & sour cream 43g Corn 34g Pears 28g Cupcake 26g	24 No School	25 	26 No School
29 Cheeseburger 36g Baked Beans 52g Fruit Cocktail 28g	30 Chicken Tenders 14g Dinner Roll 15g Corn 34g Pineapple 30g			Due to ongoing distribution issues, the menu may change without notice and there may be days without choices. Thank you.