


North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

AUGUST, 2022

Fat Free Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
			<p><i>Please be sure to fill out a meal application to see if your child qualifies for a free or reduced price lunch</i></p>	<p><i>Full paid lunch \$3.00</i></p>
				<p><i>Reduced price \$.40</i></p>
<p>22 Pancakes w/sausage 40g Cherry Star Juice 13g Applesauce 22g OR Yogurt Entrée 43g</p>	<p>23 Chicken Quesadilla w/salsa 42g Corn 14g Peaches 12g OR Uncrustable 32g</p>	<p>24 Hot Dog 32g Baked Beans 29g Mixed Fruit 16g OR Yogurt Entree 43g</p>	<p>25 Chicken Nuggets 14g Dinner Roll 15g Broccoli 5g Pears 14g OR Uncrustable 32g</p>	<p>26 Cheese Pizza 34g Garden salad w/sliced cucumbers 3.6g Fruit Slushie 22g OR Yogurt Entrée 43g</p>
<p>29 French Toast Sticks w/sausage 26g Sunset Sip Juice 11g Orange slices 21g OR Yogurt Entree 43g</p>	<p>30 Nachos w/cheese w/salsa 37g Fiesta Beans 22g Pears 14g OR Uncrustable 32g</p>	<p>31 Mini Corn Dogs 27g Green Beans 12g Applesauce 22g OR Yogurt Entree 43g</p>		