



## North Boone Middle School & Upper Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
*Uncrustable will be offered as a second choice Mon, Wed, Fri *Yogurt lunch will be second choice Tues, & Thurs				
4	5	6	7	8
11	12	13	14	15
			<b>Chicken Patty</b> 35g Corn 14g Baby Carrots 12g Pineapple 15g	<b>Cheese Pizza</b> 31g Garden Salad 5g Fresh Fruit 21-29g Slushie 22g
18	19	20	21	22
<b>Mini Corn Dog</b> 27g Baked Beans 30g Juice 13g Pears 14g	<b>Cheese Nachos</b> 37g Salsa & Sour Cream 4g Corn 14g Mixed Fruit 16g	<b>Chicken Tenders</b> 14g Broccoli 5g Dinner Roll 15g Applesauce 22g	<b>Cheeseburger</b> 31.2g Baby Carrots 12g Green Beans 12g Pineapple 15g	<b>Pepperoni Pizza</b> 36g Sliced Cucumbers 2g Baby Carrots 12g Fresh Fruit 21-29g Slushie 22g
25	26	27	28	29
<b>French Toast Sticks w/ Sausage</b> 26g Hashbrown 15g Juice 14g Orange 21g Syrup Cup 30g	<b>Quesadilla</b> 38g Salsa & Sour Cream 4g Fiesta Beans 22g Pineapple 15g	<b>Boneless Chicken Wings</b> 14g Corn 14g Dinner Roll 15g Pears 14g	<b>Mac-N-Cheese</b> 31g Dinner Roll 14g Broccoli 11g Peaches 12g Juice 14g	<b>French Bread Pizza</b> 33g Garden Salad 5g Baby Carrots 12g Fresh Fruit 21-29g Strawberry Jello 23g

