

April

Capron, Manchester & Poplar Grove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3 NO SCHOOL
		Cheeseburger On Bun 31.2g Baked Beans 29g Baby Carrots 12g Peaches 12g	Popcorn Chicken 17g Dinner Roll 14g Broccoli 5g <u>Pineapple</u> 20g	
6	7	8	9	10
Macaroni & Cheese 28g Dinner Roll 14g Broccoli 5g Fresh Fruit 21-29g	Taco Bites 30g Sour Cream & Salsa 3g Corn 17 Strawberries 10g	Hot Dog On Bun 32g Baked Beans 29g Baby Carrots 12g Fresh fruit 21-29g	Chicken Nuggets 14g Smiley Potatoes 20g Broccoli Blend 5g Pears 14g	Stuffed Crust Pizza 36g Garden Salad 5g Celery Sticks 3g
13	14	15 LATE START	16	17
Pancakes w/ Sausage links 36g Cinnamon Applesauce 22g Sunset Sip Juice 15g	Quesadilla 38g Refried Beans 23g Salsa & Sour Cream 6g Celery Sticks 3g Peaches 12g	Cheese Sticks w/ Marinara 32g Corn 17g Cucumbers 2g Orange 21g	Chicken Tenders 14g Dinner Roll 14g Broccoli Blend 5g Pears 14g	Deep Dish Pizza 31g Cucumbers 2g Apple Slices 8g Slushie 22g
20	21	22	23	24
French Toast Sticks w/ Sausage 26g Applesauce 22g Juice 14g	Beefy Nachos w/ Taco Meat, Cheese Sauce 41 g Salsa & Sour Cream 6g Corn 17g Pears 14g	Corn Dog 25g Dinner Roll 14g Broccoli 5g Peaches 12g	Chicken Patty on Bun 47g Smiley Potatoes 20g Broccoli 5g Strawberries 10g	Pepperoni Pizza 34g Cucumbers 2g Pizza Crisps 23g Fresh Fruit 21-29g
27	28	29	30	
Pancake Bites w/ Sausage 40g Hashbrown 15g Juice 14g Cinnamon Applesauce 25g	Walking Taco w/ Lettuce, Cheese, Salsa & Sour Cream 40g Corn 17g Pears 14g	Cheeseburger on Bun 31g Baked beans 29g Broccoli 5g Apple Slices 8g	Popcorn Chicken 17g Dinner Roll 14g Broccoli 5g Assorted Fruit 21-29g	*Yogurt lunch will be second choice Mon, Wed, Fri *EZ Jammers will be second choice Tues & Thurs
<p>Fat Free & 1% milk served daily with meals. Students are required to take fruit and/or vegetable for a complete meal. Menu subject to change without notice Please contact Ward Green with any questions, wgreen@nbcusd.org</p>				