



North Boone

Community Unit School District 200

6248 N. Boone School Rd ~ Poplar Grove, IL 61065 ~ 815-765-3322

Health and Safety Plan For Reopening Schools 2020-2021



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Introduction

In order to minimize the spread of COVID-19 among the students, families, staff, and community North Boone Staff will be following and maintaining the guidelines and recommendations according to the Boone County Health Department (BCHD), the Illinois Department of Public Health (IDPH), the Centers for Disease Control and Prevention (CDC), the Illinois State Board of Education (ISBE) and the Illinois High School Association (IHSA). The guidelines and recommendations change frequently and North Boone Community Unit School District staff has continual communication with the BCHD and frequently monitors updates from all of these entities. Please be aware that revisions and changes to protocols and/or practices will be made to stay current and in compliance. This protocol is a general guideline for North Boone Staff to follow to help keep the school community safe and healthy. Students, staff and families will be notified as the situation evolves.

Guidance

Appropriate social distancing, face coverings, enhanced sanitation measures, and other accommodations will be necessary to ensure the safety of students, staff, and their families. ISBE and IDPH guidelines will:

- Require use of appropriate personal protective equipment (PPE), including face coverings;
- Require social distancing to be observed, as much as possible;
- Require that schools conduct symptom screenings and temperature checks or require that individuals self-certify that they are free of symptoms before entering school buildings; and
- Require an increase in schoolwide cleaning and disinfection.

All public schools and nonpublic schools in Illinois serving pre-kindergarten through 12th grade students must follow these guidelines. Please see the latest updates and guidance from ISBE [here](#).

Based on feedback from staff and families, we are recommending a specific in-person learning plan for pre-kindergarten, elementary, upper elementary, middle and high school. If you find that in-person instruction does not work for your family, you may switch to remote learning at any time; however, your student may have a different teacher. Schedules will be provided by your student's building.

In-Person Learning Overview

Below you will find general information regarding the plans for in-person learning.

Screening

- Staff will be expected to self-certify prior to entering the building. Students will be screened by parents before leaving home. Students will also have their temperature checked by North Boone Staff upon entry into the building. The screening will include a temperature check, a symptom check and travel check. The [CDC Symptom Infographic](#) will be available for use during the screening. Anyone with a temperature of 100.4 or higher will be excluded. A person might also be excluded based on the responses to the screening questions. They will be asked the following questions:
 - Have you had a fever of 100.4 or higher?
 - Have you received a confirmed diagnosis for coronavirus (COVID-19) by a coronavirus (COVID-19) test or from a diagnosis by a healthcare professional in the past 14 days?
 - Have you had close contact with or cared for someone diagnosed with COVID-19 within the last 14 days?
 - Have you had any of the following symptoms within the last 14 days that are not associated with another condition: • Fever or Chills • Temperature 100.4 or greater • Cough • Congestion • Headache • Shortness of Breath • Difficulty Breathing • Fatigue • Muscle/Body Aches • Sore Throat • Loss of Taste or Smell • Nausea • Vomiting • Diarrhea • Abdominal Cramps?
 - Have you traveled outside of your home state within the last 14 days for activity that is other than routine or essential travel?
- Each student will have his/her temperature checked upon arrival to school. In addition, staff and visitors entering the building will be required to complete a temperature check and certification when they arrive at the school.
 - If your child's temperature is above 100.4 degrees, he or she will be given 5 minutes to cool off and be rechecked.
 - If the student's temperature remains 100.4 or above, the student will be escorted to the isolation room where a parent/guardian will be called to pick up the student. The parent/guardian will need to pick up the child as soon as possible. The parent will be given information about return to school procedures.
 - Students who arrive late to school will be screened by the office staff before being allowed to enter the classroom.
- Visitors will be limited and encouraged to meet with staff remotely. If a need arises for a visitor to come to the school they will need to use the door security system to alert staff of their arrival. If they are just dropping off or picking up materials they will be instructed on how to proceed. Staff will screen the visitor at the door before allowing them in the building.

Face Masks

- Face masks will be mandatory for all students, employees and visitors unless a medical contraindication is verified by a physician and on file, the individual is under age 2 or the individual is having difficulty breathing.
- Face Coverings must abide by the Dress Code Policy stated in the North Boone School District Handbook. "Face coverings" shall mean cloth or mask that covers an individual's mouth and nose.
- A student arriving at school without a face covering will be provided a face covering at no cost.
- Students, parents, legal guardians or any other individual not wearing a face covering or refusing to wear a face covering will not be allowed on the school property and students will be marked as absent.
- Gaiters (a cloth that covers the neck/mouth/nose area) are not considered masks and cannot be worn.

Classrooms

- Classroom seating will be configured with maximum allowable space between students with all desks facing the same direction. The District is making every effort to reduce the number of students in classrooms.
- Elementary schedules will be developed in a way that will limit student movement throughout the day.
- Upper Elementary, Middle School and High School students will participate in a block schedule in order to reduce transitions and student contact throughout the school day.
- Employees will modify instructional plans to reduce student contact, sharing of materials or equipment and maintain appropriate social distancing to the greatest extent possible.
- Class sizes will depend on student enrollment numbers, but the effort will be made to reduce class sizes to the greatest extent possible while following current state guidance.
- Extra precautions are being taken for classes such as PE, band, etc.
- Hand sanitizer stations have been installed by most classrooms and students will be encouraged to use them when hand washing is not available.

Cleaning and Disinfecting

- Increased cleaning and sanitation measures are taking place in every building and will continue throughout the school year.
- Employees will be provided with disinfectant to clean and sanitize touched or shared objects throughout the day.
- Students and staff will be required to disinfect/wash hands before and after the use of shared materials or supplies.
- Any area used by a sick individual will be closed for 24 hours (whenever possible) or until it has been disinfected and sanitized.

- Increased cleaning protocol has been implemented and will include deep cleaning of the classrooms daily by the custodial staff.

Hallways

- Limits will be placed on the number of students allowed in a hallway at one time.
- Restroom procedures will be established at each school to limit the number of students transitioning in the hallway and in restrooms at one time.
- The use of lockers/cubbies will be used at the discretion of each building administrator. Students will be allowed to carry a backpack with them if locker use is not allowed.
- Signs and directional arrows have been placed in hallways to organize the movement of students.

Lunch

- Students will be allowed to remove masks when eating or drinking.
- Locations and spacing of students will be arranged to meet state guidelines.
- See section titled “Food and Nutrition Services” for additional information.

Other Activities

- The District will continue to follow guidance from the Illinois High School Association (IHSA), Illinois Elementary School Association (IESA), Illinois State Board of Education (ISBE), Illinois Department of Public Health (IDPH) and Boone County Health Department (BCHD).
- At this time, field trips, assemblies and other large gatherings will not be allowed.
- Family events, open houses and back to school activities will in most cases, be virtual. However, schools will provide opportunities for students that are new to the building to tour the building before school starts.
- Driver’s education behind-the-wheel training will occur in compliance with all Secretary of State and IDPH safety requirements. At this time, students must wear a mask while participating in behind-the-wheel training. Driver’s education will be available to both students who chose remote learning or in-person learning.
- Birthday treats will not be allowed.

Preventative Measures for Health and Safety

Face Coverings

Face masks will be mandatory for all students, employees and visitors unless a medical contraindication is verified by a physician and on file, the individual is under age 2 or the individual is having difficulty breathing. Students who may be unable to tolerate a mask will need to provide a doctor’s note stating the need for face-covering accommodations. Students will be provided a mask if they need one.

- Consideration will be given to the impact of masks on students who suffer from respiratory disease, sensory processing sensitivity, and/or expel bodily fluids orally. The administration will ensure appropriate protective procedures are in place to ensure safety precautions are met.
- Masks must abide by the Dress Code Policy stated in the North Boone School District Handbook as follows:
 - Clothing and/or accessories that advertise gang symbols and/or affiliation, illegal or gang/neighborhood-related, prejudice, drugs, alcohol, bars, weapons, violence, anything suggestively profane, racial, sexual graphics or innuendoes which are deemed obscene, vulgar, and/or offensive may not be worn or brought to school. Items that violate the dress code policy may be confiscated and returned to a parent/guardian.
 - Gaiters (a cloth that covers the neck, mouth and nose area) are not considered masks and cannot be worn.

Hand Hygiene

Students will be taught proper handwashing procedures throughout the school year. This will include required hand washing built into the daily schedule. Hand sanitizer and sanitizer wipes will be available in all classrooms and throughout the building.

Personal Protective Equipment (PPE)

All staff and students will be required to utilize PPE equipment including face coverings, gloves when needed, and other PPE as deemed appropriate.

Social Distancing

According to the guidance released by the CDC and ISBE, social distancing will be implemented to the greatest extent possible when students and staff are present in the buildings.

When Should My Child Stay Home from School?

- Parents and guardians will ensure that their child is symptom free before sending to school.
- Students who display any of the following symptoms in the previous 24 hours must stay home from school and seek medical advice from their treating physician.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>

- | | |
|---|--|
| <ul style="list-style-type: none"> ○ Fever (100.4 degrees or higher) ○ New cough ○ Shortness of breath/difficulty breathing ○ Muscle and body aches | <ul style="list-style-type: none"> ○ New onset of moderate to severe headache ○ Sore throat ○ New loss of sense of taste or smell ○ New congestion or runny nose |
|---|--|

- Nausea
 - Vomiting
 - Diarrhea
 - Abdominal pain from unknown cause
 - Fatigue from unknown cause
 - Rash from unknown cause
- Is suspected of having Pink Eye/Conjunctivitis and has not been on eye drops or ointment for at least 24 hours.
 - Has Strep Throat and/or Scarlet Fever and has not been on antibiotics for at least 24 hours.
 - Has been diagnosed with Influenza.
 - Students who have a fever, unrelated to a positive COVID-19 test result, must be fever free without the use of fever-reducing medication for 24 hours prior to returning to school.
 - Students who have a pending COVID-19 test may not report to school until they have received a negative test and are symptom free for 24 hours.

General Health Considerations:

- Colds can be contagious for at least 48 hours. Returning to school too soon may slow the recovery process and expose others to illness.
- Influenza (The Flu) can be contagious for up to 7 days while symptoms are present. Call your healthcare provider for specific instructions.
- Making sure your student gets plenty of rest, encouraging fluids like water, soup, juice and ice can help him/her to feel better. Putting limits on TV watching and electronics can help your student relax.

Is Someone in Your Household Sick/Being Tested for COVID-19?

If you or anyone in your household is being tested, do not send your child to school. Please wait until test results are received before allowing your child to return to school. All family members should be isolated at home until a negative test result is received. If a positive test result is received, the family member will need to isolate and additional people living in the same household will need to quarantine. Please refer to the section, "Positive COVID-19 Test Result".

Also, if you have been in close contact with an individual who is sick and/or being tested, please, do not send your child to school until that individual receives their test results.

Symptomatic Student or Staff at School

Students

When a staff member identifies a student as exhibiting signs or symptoms of illness, the following steps will be taken per the [COVID-19 Interim Exclusion Guidance](#):

- Any student that is symptomatic should be immediately masked, if not already.
- Building nurse will be notified and student will be sent to the designated isolation room within the school building. Each school building has an area that has been chosen as an isolation area that, as closely as it can, meets the requirements for ventilation, isolation from well students and staff and space for proper distancing, that will be utilized only for ill students.
- All students will be instructed upon returning to in-person learning to notify their teacher or closest staff member immediately when they are feeling ill.
- Once a student notifies the staff member of a change in their health status the teacher or staff member will notify the school nurse or other designated staff member to bring the student to the isolation room.
- Staff located in the classroom or area where the student was located will sanitize the area that the student inhabited.
- The student will be assessed by the school nurse for signs and symptoms.
- If applicable and permission has been obtained, the student will be tested using the BinaxNow testing procedure. Parents will be given these test results. If not tested, a handout of local area testing sites will be provided.
- If the nurse or other staff member is screening a symptomatic student, it will be safest for them to be wearing the proper PPE including a fit-tested N95 mask, eye protection with face shield or goggles, gown and gloves.
- The parents/guardians will be contacted and the student will be picked up as soon as possible.
- The parent/guardian will be advised to contact their healthcare provider and seek testing for COVID-19.
- Ill students must be isolated to protect the health of the rest of the family.
- Siblings and other household family members will also be sent home.
- The student cannot return to school until they have a doctor's authorization and have been symptom free of all communicable illnesses for 24 hours in accordance with CDC guidelines. The doctor's authorization can be in the form of a negative COVID-19 test, a positive test for a disease other than COVID-19 (i.e. sinus infection) or another medical explanation ruling out COVID-19.

Staff

- Symptomatic staff will be advised to go home and contact his or her healthcare provider and seek testing for COVID-19 and other respiratory viruses, where indicated.
- If applicable and permission has been obtained, the staff will be tested using the BinaxNow testing procedure. If not tested, a handout of local area testing sites will be provided.

- Family members and other household contacts within the school district and school close contacts will also be sent home until a negative test result is obtained or as directed by the school.
- The staff cannot return to school until they have a doctor's authorization and have been symptom free of all communicable illnesses for 24 hours in accordance with CDC guidelines. The doctor's authorization can be in the form of a negative COVID-19 test, a positive test for a disease other than COVID (i.e. sinus infection) or another medical explanation ruling out COVID-19.

Symptomatic Student or Staff at Home

Student

When a parent/guardian calls school to report an absence due to COVID-19 symptoms, the following steps will be taken per the [COVID-19 Interim Exclusion Guidance](#):

- The parent/guardian will be advised to contact their healthcare provider and seek testing for COVID-19.
- A handout of local area testing sites will be provided.
- Ill students must be isolated to protect the health of the rest of the family.
- Siblings and other household family members will be asked to stay home.
- The student cannot return to school until they have a doctor's authorization and have been symptom free of all communicable illnesses for 24 hours in accordance with CDC guidelines. The doctor's authorization can be in the form of a negative COVID-19 test, a positive test for a disease other than COVID-19 (i.e. sinus infection) or another medical explanation ruling out COVID-19.

Staff

When a staff member calls school to report an absence due to COVID-19 symptoms, the following steps will be taken:

- The staff member will be advised to contact their healthcare provider & seek testing for COVID-19. A handout of local area testing sites will be provided.
- Family members and other household contacts within the school district will be asked to stay home.
- The student or staff cannot return to school until they have a doctor's authorization and have been symptom free of all communicable illnesses for 24 hours in accordance with CDC guidelines. The doctor's authorization can be in the form of a negative COVID-19 test, a positive test for a disease other than COVID-19 (i.e. sinus infection) or another medical explanation ruling out COVID-19.

Positive COVID-19 Test Result

- Immediate notification should be given to the school from the parent, faculty, or support staff regarding a positive test result.
- When a parent/guardian, staff or other person, such as a healthcare provider, reports positive COVID-19 test results to any school staff, North Boone staff will immediately report this information to the school nurse.
- The school nurse will immediately notify the BCHD and begin discussions on the next steps while working closely with and following their direction to minimize spread of COVID-19.
- The school will share with the BCHD, all available information about the case's movements and potential exposures within the facility. This includes, but not limited to:
 - Total number of students at the school
 - Total number of classrooms
 - Total number of staff at the school
 - Total number of classrooms impacted
 - Total number of students and staff potentially exposed
 - The COVID-positive individual's reported/observed onset date of symptoms
 - The COVID-positive individual's last day at the school
- Information will be disseminated to all potentially exposed families and staff via letter, school messenger, and/or a joint press release with BCHD and North Boone Community Unit School District 200.
- Contact tracing will be conducted.
- Students and staff exposed will be notified and quarantined for the recommended time period per the guidance of BCHD, IDPH and the CDC. They will be advised to self-monitor symptoms and to contact their healthcare provider and seek testing if they develop symptoms.
- Other, non-involved students, staff and parents/guardians will be notified of a possible or confirmed exposure, as deemed appropriate.
- If the COVID-positive individual was in the school during their infectious period, 48 hours prior to symptom onset (for a symptomatic person) or 48 hours before specimen collection (for an asymptomatic person) through the date of last attendance, areas used by the individual should be cleaned and disinfected thoroughly according to [CDC guidance](#).
- The school will notify families and staff, while maintaining confidentiality as required by the Americans with Disabilities Act (ADA) and the Family Educational Rights and Privacy Act (FERPA). The notification should be sent as soon as possible and include information on symptom monitoring, what to do if symptoms develop, COVID-19 prevention strategies, and information on what the school is doing in response to the positive case.
- Before isolation precautions are discontinued and clearance is granted for entry or return to school, CDC's [Discontinuation of Isolation](#) requirements must be met.
- A positive case within the schools does not necessarily constitute complete school closure. Each situation will be clinically evaluated and addressed by North Boone School District, in consultation with the BCHD.

Contact Tracing Close Contacts to a Positive COVID-19 Case

- Positive individuals or parents/guardians of a positive child will be interviewed to identify close household and social contacts.
- Close contact is defined as the proximity of less than 6 feet with the COVID-positive staff member, for longer than 15 minutes cumulative, WITH or WITHOUT a mask.
- Factors to consider when defining close contact include proximity, the duration of exposure (e.g., longer exposure time likely increases exposure risk) and whether the exposure was to a person with symptoms (e.g., coughing likely increases exposure risk). Brief interactions are less likely to result in transmission; however, symptoms and the type of interaction (e.g., did the infected person cough directly into the face of the exposed individual) remain important.
- The school should determine if other staff members not normally assigned to classrooms were exposed by reviewing records and interviewing staff.
- Close contacts to a case of COVID-19 will be quarantined at home for 14 days. This timeframe may be shortened by the local health department, per new CDC guidance, as long as they remain asymptomatic and have had daily communication with contact tracer and school designee, to document all requirements have been met.
- Siblings, parents/guardians and other household members of the case who are deemed to be close contacts, will also be quarantined.
- If the contact becomes symptomatic during quarantine, they will be managed as a probable case (if not tested) or a confirmed case (if they test positive).
- Probable and confirmed cases should complete 10 days of isolation from the date of first symptom onset, demonstrate improvement of symptoms and be fever-free for 24 hours without use of fever-reducing medications before they are allowed to return to school. We will require a release letter from the local health department to return.
- Individuals or parents/guardians must cooperate with the BCHD for purposes of conducting contact tracing or any outbreak pursuant to the Control of Communicable Disease Code, 77 Illinois Administrative Code 690.
- The School Nurse will inform the BCHD about possible exposures within the school, including transportation, classroom, common areas and extracurricular activities.
- Testing of close contacts is recommended and where possible, should be facilitated by the school/BCHD. CDC does not recommend universal testing of all students and staff.
- See [CDC's interim considerations for testing in schools](#).

Outbreak Response and Consideration for Closure

- An outbreak is defined as five cases that are linked epidemiologically with respect to person, place, and time. In other words, the five cases have shared close contacts and location and have onsets within 14 calendar days of each other. Conversely, cases that occurred in different time frames (at least calendar 15 days apart), separate locations and having no common source of exposure would not constitute an outbreak.
- Once an outbreak is identified, the BCHD will further investigate to determine the extent of exposures at the school/day care and what control measures are needed to mitigate the outbreak.
- Alternative social distancing strategies, less drastic than closure, might include:
 - Quarantining the affected classroom, especially for younger classrooms where masking is not achievable and social distancing is challenging.
 - Suspending in-person learning for affected classes.
 - Closing playgrounds.
 - Canceling non-essential activities and meetings.
 - Keeping students in stable class groups or classrooms and moving teachers between classes, if necessary.
 - Increasing spacing between students in classes.
 - Shortening the in-person school week.
 - Staggering school start and lunch/break times across year groups or classes. If there is substantial transmission in the local community, local health officials may suggest remote instruction as part of a community mitigation strategy. This longer-term, and likely broader-reaching, remote instruction is intended to slow transmission rates of COVID-19 in the community.

Temporary Closure for Cleaning and Disinfection

- North Boone Community Unit School District will follow [CDC recommendations](#) for cleaning and disinfection of the facilities. This guidance includes daily cleaning & disinfecting and proper training of staff for high touch surface areas.
- If a person diagnosed with COVID-19 is determined to have been within the school during the 48 hours prior to symptom onset (for a symptomatic person) or 48 hours before specimen collection (for an asymptomatic person), the school may be closed temporarily for cleaning and disinfection. School closure will be determined by the BCHD investigation as described below.
 - An initial, temporary closure allows time for the BCHD to gain a better understanding of the COVID-19 situation impacting the school. This allows the BCHD to help the school determine appropriate next steps, including whether an extended dismissal duration is needed to stop or slow further spread of COVID-19.

- Areas used by the individual with COVID-19, e.g., classroom, restrooms, isolation room, the School Nurse's office, will be closed off for as long as practical before beginning cleaning and disinfection to minimize potential for exposure to respiratory droplets.
- If possible, wait up to 24 hours before beginning cleaning and disinfection.
- Cleaning staff should clean and disinfect all areas (e.g., offices, bathrooms, and common areas) used by the individual with COVID-19, focusing especially on frequently touched surfaces.
- Schools should clean, sanitize and disinfect per [CDC guidance](#).
- Windows should be opened to increase air circulation in the area used by the individual with COVID-19.
- If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.
- For disinfection, most common EPA-registered household disinfectants should be effective.

BinaxNow Testing

The North Boone Community Unit School District #200 prioritizes the health and safety of our students and their families. As such, in addition to steps to screen for the virus and prevent its spread within our schools, we are adding a voluntary Pre-K-12 COVID-19 testing program for students. This program uses Abbott Laboratories BinaxNOW tests provided by the federal government. We will only test with your consent.

What is the test?

If your child is symptomatic or part of a group that is designated for testing, if you consent, your child will receive a free BinaxNOW rapid test for the COVID-19 virus. Collecting a specimen for testing involves using a swab, similar to a Q-Tip, placed inside the tip of the nose. A school nurse who has been trained to administer this test will collect the specimen and complete the test. Test results will be made available to the parent/guardian who signs this form below. This program is a free option for students and staff and we hope you choose to have the test to keep our schools as healthy & safe as possible. Early identification of staff/students can reduce the risk within the building, your own families, and the other families that attend North Boone School District 200. The tests are being offered in addition to existing safety protocols such as mask-wearing, social distancing, and frequent disinfection of surfaces.

What should I do when I receive my/my child's test results?

Positive Result:

If your child tests positive for the virus, your child will be moved to a room away from other students and staff until you can pick him/her up. The student will be excluded from school for at least 10 days from the date symptoms first appear and he or she is symptom-free for 24 hours without any fever-reducing medication.

Negative Result:

If your child's test results are negative and he or she is symptomatic your child will need to get a COVID-19 PCR test (the test offered at most drive-through testing sites) completed to confirm the rapid test result. The student will be excluded from school for at least 10 days from the date symptoms first appear and he or she is symptom-free for 24 hours without any fever-reducing medication. This can be done at any of the testing sites (info attached). In a small number of cases, tests sometimes produce incorrect results. For example, showing negative results (called "false negatives") in people who have COVID-19. If your child tests negative but has symptoms of COVID-19, or if you have concerns about your child's exposure to COVID-19, you should have COVID-19 PCR testing completed and call your child's doctor and get further guidance.

COVID-19 Testing Sites

- Online Self-Checker for COVID-19
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html#cdc-chat-bot-open>
- Illinois Testing Location Finder
<https://dph.illinois.gov/covid19/covid-19-testing-sites>

Drive-Thru Testing Locations

There is currently one drive-thru Community-Based Testing Site available in the Rockford area that offers free COVID-19 testing.

Community Based Testing Site - Rockford

- 1321 Sandy Hollow Road
- Open 7 days a week from 8:00 a.m.– 4:00 p.m. or until daily supplies run out. Anyone who needs a test can come to this site to get tested. No appointment is needed. You can pre register here, <https://www.testdirectly.com/patient/home>.

Anyone experiencing upper respiratory symptoms, high-risk populations with chronic medical conditions, people living in congregate situations such as nursing homes/retirement housing, healthcare workers and first responders. No appointment is needed.

If you think you should be tested for COVID-19, Call your healthcare provider who can also provide guidance and facilitate testing.

Temporary testing sites are often available within Boone County. Please contact the school nurse in the building where your child attends school to find out if there are any upcoming testing sites in Boone County.

Cleaning and Disinfecting

- Increased cleaning and sanitation measures are taking place in every building and will continue throughout the school year.
- All employees will be provided with disinfectant to clean and sanitize touched or shared objects throughout the day.
- Students and staff will be required to disinfect/wash hands before and after the use of shared materials or supplies.
- Any area used by a sick individual will be closed for use until it has been disinfected and sanitized.
- Buses will be disinfected daily and between routes.
- Classrooms will be sanitized with a combination of surface cleaning and electrostatic disinfectant. If you would like the current MSDS please contact the building administrator.
- The District has ordered upgraded classroom filters and will increase the amount of outside air brought into the HVAC system when weather permits.
- Hand sanitizers will be mounted inside or outside each classroom.

Food and Nutrition Services

Meals are free to all students regardless of their status until June 30th, 2021. Lunch may be a variety of hot and cold entrees with all fruits, vegetables and milk included. Elementary students will be sent home with a sack lunch (if ordered) while they are participating in morning in-person learning. They will be served lunch in their classrooms or another designated area according to their building plan, if they are full day in-person learning. Secondary students will be eating in their designated areas according to their building plans. Food allergies must be reported to the school nurse to make any meal accommodations necessary based on the dietary requirements set by your physician. A new physician form must be submitted yearly.

Extracurricular Activities

Students will have the opportunity to participate in extracurricular activities and athletics. Programs will be available for students who participate either remote or in-person learning. Guidelines will be followed as listed in the Health and Safety Plan for Reopening Schools.

Athletics

Screening protocols will take place for all practices until further notice, when athletic activities resume. This includes temperature checks and a Google Survey. Should any athlete have signs or symptoms of Covid-19, they will not be able to participate.

The IHSA, IDPH and other state agencies will continue to make determinations on the safety of extracurricular events, spectator capacity and facility management.

Middle School

Volleyball, Basketball, and Cross Country are all still pending through the Mid-Northern Conference. Track will be run through the MNC and follow the IESA State series. Football is pending through the Northern Illinois Football Conference at this time and may be played independent from a league pending state approval. Wrestling will follow the IESA State series.

High School

Current IHSA 2020-2021 guidelines and sports seasons are as follows:

Fall (August 10 – October 24, 2020 in “traditional” season)

Boys & Girls Golf

- In groups of 50 or less where multiple groups are distanced a minimum of 30 ft apart. Competitions should be within an Illinois COVID Region or within a conference.

Girls Tennis

- In groups of 50 or less where multiple groups are distanced a minimum of 30 ft apart. Competitions should be within an Illinois COVID Region or within a conference.

Boys & Girls Cross Country

- In groups of 50 or less where multiple groups are distanced a minimum of 30 ft apart. Competitions should be within an Illinois COVID Region or within a conference.

Girls Swimming & Diving

- Less than 50 in attendance with multiple groups distancing 30 ft. apart. Competitions should be within an Illinois COVID Region or within a conference.

* Spectator and group gatherings subject to IDPH guidelines during this time (less than 50 participants, social distancing, etc...).

NOTE: Football, Girls Volleyball and Boys Soccer moved to a Spring 2021 season – See Below.

Winter (Nov. 16, 2020 – Feb. 13, 2021)

Boys & Girls Basketball

Boys Swimming & Diving

Competitive Cheerleading

Competitive Dance

Boys & Girls Bowling

- Contests can begin Nov. 30 within an Illinois COVID Region or within a conference.
- Schools limited to a maximum of 2 contests per week and no tournaments/events of more than 3 teams.
- Spectator and group gatherings subject to IDPH guidelines during this time.
- State Series TBD.
- *All Winter sports are currently suspended due to statewide Tier 3 mitigations.*

Spring (Feb. 15 – May 1)

Football

Boys Soccer

Girls Volleyball

- Contests can begin March 1 in all sports except football which may begin on March 5 to allow for acclimatization.
- Schools limited to a maximum of 2 contests per week and no tournaments/events of more than 3 teams. (Football is allowed one game/week).
- Spectator and group gatherings subject to IDPH guidelines during this time.
- State Series TBD.
- Football: Schools should anticipate a 7 game regular season followed by a regional postseason at minimum.

Summer (April 19 – June 26)

Baseball

Softball

Boys & Girls Track & Field

Girls Soccer

Wrestling

- Contests can begin May 3 in all sports
- Schools limited to a maximum of 2 contests per week and no tournaments/events of more than 4 teams. (Wrestling may not have individual tournaments at this time).
- Spectator and group gatherings subject to IDPH guidelines during this time.
- State Series TBD, pending IDPH approval

Eligibility

- Students in any remote, blended or in-person learning will be able to participate in extracurricular activities.

Transportation

- All individuals on a bus must wear a face covering. Face covering waivers (i.e. note from a physician or nurse practitioner) will be accepted, but may change a students' method of transportation.
- Students may have their temperature taken upon entering the bus. They will be sent home with parents if they have a temperature of 100.4 or higher, if the parent is present.
- Routes will be created with a maximum number of students according to state guidelines.
- Students from the same household will be assigned seats together.
- Buses will be disinfected between routes.
- High school students who choose to provide their own transportation need to limit the passengers to only members of their own family or household.
- Carpooling is not advised.

Travel

- If you travel outside of your home state, other than for routine or essential travel, please notify administration prior to returning to the building.
- Please follow the recommendations provided by the [CDC](#) and [IDPH](#).

Transition back to Remote Learning for All Students

In the event that all schools are required to transition back to remote learning for all students, families and staff will be notified as soon as possible.

Last Updated 1/6/21