


# North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

## MARCH, 2019

*Fat Free Milk served daily with meals*

*Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pepperoni Pizza 37g Cooked Carrots 14.3g Applesauce 23g Fruit Slushie 22g
4 Grilled Cheese 31g Green Beans 12g Tomato Soup 20g Peaches 12g	5 Chicken Tenders 14g Dinner Roll 15g Corn 24g Applesauce 23g	6 Cheese Quesadilla 33g Carrot & Celery Sticks 8g Fruit Cocktail 16g WG Rice Krispie Treat 19g	7 Hot Dog 32g Veggie Beans 23g Pears 14g Goldfish 14g	8 Cheese Pizza 24g Garden Salad w/veggies 13g Mandarin Oranges 17g Cookie 15g
11 Pancakes 40g Yogurt Cup 19g Fresh Fruit Choice 21-29g Fruit/Veggie Juice 13g	12 Nachos w/cheese 34g Black Beans 22g Cucumber Slices 3.6g Baby Carrots 13g Peaches 12g	13 Mac & Cheese 31g Sliced WG Bread 13g Broccoli 16g Pears 14g	14 Chicken Drumstick 15g Dinner Roll 15g Mashed Potatoes w/gravy 21g Applesauce 23g	15 BOSCO Cheese Sticks w/marinara sauce 42g Green Beans 12g Mandarin Oranges 17g Apple/Cherry Juice 13g
18 Corn Dog 27g Oven Fries 36g Garden Salad w/tomato & cucumbers 8.6g DOLE Tropical Fruit Cup 18g	19 Soft Taco 35g Refried Beans 30g Shredded Lettuce 3.6g Mandarin Oranges 17g	20 Shamrock Shaped Chicken Nuggets 14g Broccoli 8g Dinner Roll 15g Flavored Applesauce Cup 15g	21 Cheeseburger 31.2g Veggie Beans 15.3g Peaches 12g MOTT'S Fruit Snacks 37g	22 Cheese Calzone 33g Corn 24g Peaches 14g Cookie 15g
25	26	27	28	29 <b>School Resumes April 1st</b>
