

# North Boone High School (9-12)

## FEBRUARY, 2019

*Assorted Sandwiches & Salads served Daily\*\*\*\* Fat fRee & 1% Milk served daily with meals\*\*\*\*Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
				
				1 Pizza 44g Green Beans 14g Pineapple 30g Cupcake 27g
4 Bacon Cheeseburger 36g Garden Salad 9g Baby Carrots 12g Pears 28g	5 Soft Taco 35g w/shredded cheese, salsa & sour cream 8g Black Beans 29.3g Applesauce 46g	6 Mac & Cheese 31g Dinner Roll 15g Broccoli Blend Veggies 14g Peaches 24g	7 Chicken Tenders 16g Mashed Potatoes w/gravy 34g Dinner Roll 15g Pineapple 30g	8 Pepperoni BOSCO Sticks w/marinara sauce 42g Green Beans 14g Mixed Fruit 26g Mandarin Oranges 34g Cookie 15g
11 Chick-fil-A-Patty 47g Garden Salad 9g Zucchini 9g Peaches 24g	12 Beef & Cheese Nachos 38g Refried Beans 22g Pineapple 30g	13 Mini Corn Dogs 27g Cheese Filled Pretzel 14g Broccoli 10g Applesauce 46g	14 Hot Dog OR Bratt 32g Corn 48g Applesauce 46g Fruit Juice 13g	15 Deep Dish Pizza 31g Green Beans 14g Cooked Carrots 12g Pineapple 30g
18 <b>President's Day</b> <b>No School</b>	19 Chicken Nuggets 14g Dinner Roll 15g Veggie Beans 30.6g Pineapple 30g	20 Turkey w/gravy 3.6g Mashed Potato 34g Dinner Roll 15g Mandarin Oranges 34g Pudding Cup 29g	21 Shrimp Poppers 22g Dinner Roll 15g String Cheese 1g Broccoli 10g Peaches 24g	22 French Bread Pizza 34g Green Beans 14g Mixed Fruit 26g Cookie 15g
25 Corn Dog 27g Garden Salad 9g Celery Sticks w/peanut butter 14.5g Applesauce 46g	26 Chicken Fajita w/peppers & onions 30g Black Beans 29.3g Mandarin Oranges 34g	27 Spicy Chicken Patty 47g Corn 48g Pears 28g Apple & Eve Fruit/Veggie Juice 13g	28 Steak & Cheese Hoagie w/peppers & onions 45g Broccoli 10g Baby Carrots 12g Mandarin Oranges 34g	