

# North Boone Middle School (7-8) & Upper Elementary (5-6)

## DECEMBER, 2018

*Fat Free & 1% Milk served daily with meals*

*Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
				
3 Mini Corn Dogs 27g <b>OR</b> Uncrustable 64g Garden Salad 9g Celery Sticks w/peanut butter cup 14.5g Flavored Applesauce 22g	4 Chicken Tenders 14g <b>OR</b> Yogurt Plate 49g Dinner Roll 15g Veggie Beans 15.3g Pineapple 15g	5 BOSCO Cheese Sticks w/marinara sauce 44g <b>OR</b> Uncrustable 64g Corn 38g Mandarin Oranges 17g	6 Mac & Cheese 31g <b>OR</b> Yogurt Plate 49g Sliced WG Bread 13g Broccoli Blend veggies 10g DOLE Tropical Fruit Cup 18g	7 French Bread Pizza 34g <b>OR</b> Uncrustable 64g Cooked Carrots 15.9g Pears 14g Apple & Eve Juice 13g Pudding Cup 29g
10 Nachos w/cheese 41g <b>OR</b> Uncrustable 64g Black Beans 22g Baby Carrots & Broccoli Florets 20g Peaches 12g	11 Cheeseburger 36g <b>OR</b> Uncrustable 64g Veggie Beans 23g Mixed Fruit 18g WG Rice Krispie Treat 9g	12 Chicken 37g <b>OR</b> Cheese 39g Quesadilla <b>OR</b> Yogurt Plate 49g Green Beans 12g Mandarin Oranges 17g	13 Turkey w/gravy 3.6g <b>OR</b> Uncrustable 64g Mashed Potato 17g Sliced WG Bread 13g Applesauce 22g Cookie 15g	14 Cheese Calzone 33g <b>OR</b> Uncrustable 64g Garden Salad 9g Fresh Fruit Choice 21-29g
17 MR. Rib 34.49g <b>OR</b> Uncrustable 64g Garden Salad w/shredded veggies 9g Broccoli 8g Pineapple 15g	18 Chicken Nuggets 15g <b>OR</b> Uncrustable 64g Soft Pretzel 14g Broccoli Blend Veggies 10g Peaches 12g	19 Corn Dog 27g <b>OR</b> Uncrustable 64g Cooked Carrots 15.9g Pears 14g Apple & Eve Juice 13g	20 Hot Dog 32g <b>OR</b> Uncrustable 64g Veggie Beans 15.3g Mandarin Oranges 17g Cookie 15g	21 Cheese Pizza 35g <b>OR</b> Uncrustable 64g Green Beans 12g Peaches 12g Jello Cup 25g
24 <b>Winter Break Begins!!!!</b> <b>School resumes 1/7/19</b>	25 	26	27	28