

North Boone High School (9-12)

DECEMBER, 2018

*Assorted Salads & Sandwiches Served Daily****Fat Free & 1% Milk served daily with meals****Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
				
3 Chick-fil-A-Patty 47g Garden Salad 9g Zucchini 9g Peaches 24g	4 Beef & Cheese Nachos 38g Refried Beans 22g Pineapple 30g	5 Mini Corn Dogs 27g Cheese Filled Pretzel 14g Broccoli 10g Applesauce 46g	6 Turkey w/gravy 3.6g Mashed Potato 34g Dinner Roll 15g Mandarin Oranges 34g Pudding Cup 29g	7 Deep Dish Pizza 31g Green Beans 14g Cooked Carrots 12g Pineapple 30g
10 Cheese Calzone 33g Garden Salad 13g Baby Carrots 12g Mandarin Oranges 17g	11 Chicken Nuggets 14g Dinner Roll 15g Veggie Beans 30.6g Pineapple 30g	12 Hot Dog OR Brat 32g Corn 48g Applesauce 46g Fruit Juice 13g	13 Bacon Cheeseburger 36g Garden Salad 9g Baby Carrots 12g Pears 28g	14 French Bread Pizza 34g Green Beans 14g Mixed Fruit 26g Cookie 15g
17 Corn Dog 27g Garden Salad 9g Celery Sticks w/peanut butter 14.5g Applesauce 46g	18 Chicken Fajita w/peppers & onions 30g Black Beans 29.3g Mandarin Oranges 34g	19 Spicy Chicken Patty 47g Corn 48g Pears 28g Apple & Eve Fruit/Veggie Juice 13g	20 Testing.....No Lunch Served	21 Testing.....No Lunch Served
24 Winter Break Begins!!!! School resumes 1/7/19	25	26 	27	28