

North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

DECEMBER, 2018

Fat Free Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>3 Bacon & Egg Breakfast Pizza 29.8g Yogurt Cup 19g Fresh Fruit Choice 21-29g Fruit/Veggie Juice 13g</p>	<p>4 Nachos w/cheese 34g Black Beans 22g Cucumber Slices 3.6g Baby Carrots 13g Peaches 12g</p>	<p>5 Mac & Cheese 31g Sliced WG Bread 13g Broccoli 16g Pears 14g</p>	<p>6 Chicken Drumstick 15g Dinner Roll 15g Mashed Potatoes w/gravy 21g Applesauce 23g</p>	<p>7 BOSCO Cheese Sticks w/marinara sauce 42g Green Beans 12g Mandarin Oranges 17g Apple/Cherry Juice 13g</p>
<p>10 Corn Dog 27g Oven Fries 36g Garden Salad w/tomato & cucumbers 8.6g DOLE Tropical Fruit Cup 18g</p>	<p>11 Soft Taco 35g Refried Beans 30g Shredded Lettuce 3.6g Mandarin Oranges 17g</p>	<p>12 Chicken Nuggets 14g Broccoli 8g Dinner Roll 15g Flavored Applesauce Cup 15g</p>	<p>13 Cheeseburger 31.2g Veggie Beans 15.3g Peaches 12g MOTT'S Fruit Snacks 37g</p>	<p>14 Cheese Calzone 33g Corn 24g Pears 14g Cookie 15g</p>
<p>17 Waffles w/sausage patty 40g Fresh Fruit Choice 21-29g Fruit/Veggie Juice 13g</p>	<p>18 Soft Taco 35g Refried Beans 30g Shredded Lettuce 3.6g Mandarin Oranges 17g</p>	<p>19 Mini Corn Dogs 27g Smiley Potatoes 20g Pineapple 15g Cupcake 27g</p>	<p>20 Chicken Patty w/bun 44g Broccoli 8g Pears 14g Jello Cup 25g</p>	<p>21 Pepperoni Pizza 37g Cooked Carrots 14.3g Applesauce 23g Fruit Slushie 22g</p>
<p>24 Winter Break Begins!!!! School resumes 1/7/19</p>	<p>25 </p>	<p>26</p>	<p>27</p>	<p>28</p>