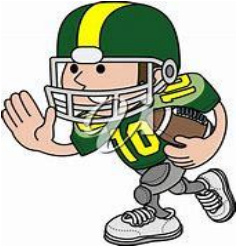


North Boone Middle School (7-8) & Upper Elementary (5-6)
SEPTEMBER, 2018

Fat Free & 1% Milk served daily

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
			<p><u>If your student received free or reduced lunch last year and you would like to extend that you must fill out a new meal application by Sept 28th or you will lose that status and go to full paid.</u></p>	<p><u>Please pre-pay your students lunch account by going on line to our E-Funds link. You can also send payments to school.</u></p>
<p>3 Labor Day No School</p>	<p>4 Chicken Nuggets 15g OR Yogurt Plate 49g Soft Pretzel 14g Broccoli Blend Veggies 10g Peaches 12g</p>	<p>5 Corn Dog 27g OR Uncrustable 64g Cooked Carrots 15.9g Pears 14g Apple & Eve Juice 13g</p>	<p>6 Chicken Fajita 16g OR Uncrustable 64g Corn 38g Pineapple 15g Cupcake 27g</p>	<p>7 Pepperoni BOSCO sticks w/marinara sauce 42g OR Uncrustable 64g Green Beans 12g Mandarin Oranges 17g</p>
<p>10 MR. Rib 34.49g OR Uncrustable 64g Garden Salad w/shredded veggies 9g Broccoli 8g Pineapple 15g</p>	<p>11 Turkey w/gravy 3.6g OR Uncrustable 64g Mashed Potato 17g Sliced WG Bread 13g Applesauce 22g</p>	<p>12 Chicken Patty 44g (Breaded OR Spicy) OR Uncrustable 64g Cooked Carrots 15.9g DOLE Mixed Fruit Cup 16g Apple & Eve Juice 13g</p>	<p>13 Hot Dog 32g OR Yogurt Plate 49g Veggie Beans 15.3g Mandarin Oranges 17g Cookie 15g</p>	<p>14 Cheese Pizza 35g OR Uncrustable 64g Green Beans 12g Peaches 12g Jello Cup 25g</p>
<p>17 Mini Corn Dogs 27g OR Uncrustable 64g Garden Salad 9g Celery Sticks w/peanut butter cup 14.5g Flavored Applesauce 22g</p>	<p>18 Chicken Tenders 14g OR Yogurt Plate 49g Dinner Roll 15g Veggie Beans 15.3g Pineapple 15g</p>	<p>19 BOSCO Cheese Sticks w/marinara sauce 44g OR Uncrustable 64g Corn 38g Mandarin Oranges 17g</p>	<p>20 Mac & Cheese 31g OR Yogurt Plate 49g Sliced WG Bread 13g Broccoli Blend veggies 10g DOLE Tropical Fruit Cup 18g</p>	<p>21 French Bread Pizza 34g OR Uncrustable 64g Cooked Carrots 15.9g Pears 14g Apple & Eve Juice 13g Pudding Cup 29g</p>
<p>24 Nachos w/cheese 41g OR Uncrustable 64g Black Beans 22g Baby Carrots & Broccoli Florets 20g Peaches 12g</p>	<p>25 Chicken Drumstick 15g OR Uncrustable 64g Dinner Roll 15g Mashed Potatoes w/gravy 21g Pears 14g Apple & Eve Juice 13g</p>	<p>26 Cheeseburger 36g OR Uncrustable 64g Veggie Beans 23g Mixed Fruit 18g WG Rice Krispie Treat 9g</p>	<p>27 Chicken 37g OR Cheese 39g Quesadilla OR Yogurt Plate 49g Green Beans 12g Mandarin Oranges 17g</p>	<p>28 Cheese Calzone 33g OR Uncrustable 64g Garden Salad 9g Fresh Fruit Choice 21-29g Cookie 15g</p>