


North Boone High School (9-12)

SEPTEMBER, 2018

Assorted Salads & Sandwiches served daily**Fat Free & 1% milk served withdaily with lunch**** Menu subject to change without notice**

Monday	Tuesday	Wednesday	Thursday	Friday
			<p><u>If your student received free or reduced lunch last year and you would like to extend that you must fill out a new meal application by Sept 28th or you will lose that status and go to full paid.</u></p>	<p><u>Please pre-pay your students lunch account by going on line to our E-Funds link. You can also send payments to school.</u></p>
<p>3 Labor Day No School</p>	<p>4 Corn Dog 27g Garden Salad 9g Celery Sticks w/peanut butter 14.5g Applesauce 46g</p>	<p>5 Spicy Chicken Patty 47g Corn 48g Pears 28g Apple & Eve Fruit/Veggie Juice 13g</p>	<p>6 Steak & Cheese Hoagie w/peppers & onions 45g Broccoli 10g Baby Carrots 12g Mandarin Oranges 34g</p>	<p>7 Pizza 44g Green Beans 14g Pineapple 30g Cupcake 27g</p>
<p>10 Bacon Cheeseburger 36g Garden Salad 9g Baby Carrots 12g Pears 28g</p>	<p>11 Soft Taco 35g w/shredded cheese, salsa & sour cream 8g Black Beans 29.3g Applesauce 46g</p>	<p>12 Mac & Cheese 31g Dinner Roll 15g Broccoli Blend Veggies 14g Peaches 24g</p>	<p>13 Chicken Tenders 16g Mashed Potatoes w/gravy 34g Dinner Roll 15g Pineapple 30g</p>	<p>14 Pepperoni BOSCO Sticks w/marinara sauce 42g Green Beans 14g Mixed Fruit 26g Mandarin Oranges 34g Cookie 15g</p>
<p>17 Chick-fil-A-Patty 47g Garden Salad 9g Zucchini 9g Peaches 24g</p>	<p>18 Beef & Cheese Nachos 38g Refried Beans 22g Pineapple 30g Apple Churro 27g</p>	<p>19 Turkey w/gravy 3.6g Mashed Potato 34g Dinner Roll 15g Mandarin Oranges 34g Pudding Cup 29g</p>	<p>20 Mini Corn Dogs 27g Cheese Filled Pretzel 14g Broccoli 10g Applesauce 46g</p>	<p>21 Deep Dish Pizza 31g Green Beans 14g Cooked Carrots 12g Pineapple 30g</p>
<p>24 Shrimp Poppers 22g Dinner Roll 15g String Cheese 1g Broccoli 10g Peaches 24g</p>	<p>25 Cheese Calzone 33g Garden Salad 13g Baby Carrots 12g Mandarin Oranges 17g</p>	<p>26 Chicken Nuggets 14g Dinner Roll 15g Veggie Beans 30.6g Pineapple 30g</p>	<p>27 Hot Dog OR Bratt 32g Corn 48g Applesauce 46g Fruit Juice 13g</p>	<p>28 French Bread Pizza 34g Green Beans 14g Mixed Fruit 26g Cookie 15g</p>