



# North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

## AUGUST, 2018

*Fat Free Milk served / Uncrustable Entree' Choice Daily*

*Menu subject to change without notice*

Monday	Tuesday	Wednesday	Thursday	Friday
				<p><b><u>Please pre-pay your students lunch account by going on line to our E-Funds link. You can also send payments to school.</u></b></p>
				<p>If your student had free or reduced price lunch last year and you would like to continue that, you have 30 days to fill out a new meal application for this year. If one is not submitted your student will then be full paid.</p>
<p>20 Hot Dog 32g Veggie Beans 23g Pears 14g Fruit Snacks 20g</p>	<p>21 Nachos w/cheese 34g Black Beans 22g Cucumber Slices Baby Carrots 12g Peaches 12g</p>	<p>22 Chicken Tenders 14g Dinner Roll 15g Corn 24g Applesauce 23g</p>	<p>23 Ham &amp; Cheese Sandwich 36g Broccoli Florets 8g Baby Carrots 13g Pineapple 15g Juice 13g</p>	<p>24 Cheese Pizza 24g Garden Salad w/veggies 13g Mandarin Oranges 17g Cookie 15g</p>
<p>27 Waffles w/sausage patty 40g Fresh Fruit Choice 21-29g Fruit/Veggie Juice 13g</p>	<p>28 Soft Taco 35g Refried Beans 30g Shredded Lettuce 3.6g Mandarin Oranges 17g</p>	<p>29 Mini Corn Dogs 27g Smiley Potatoes 20g Pineapple 15g Cupcake 27g</p>	<p>30 Chicken Patty w/bun 44g Broccoli 8g Pears 14g Jello Cup</p>	<p>31 Pepperoni Pizza 37g Cooked Carrots 14.3g Applesauce 23g Fruit Slushie 22g</p>