

North Boone Elementary Schools: Capron, Manchester, Poplar Grove (K-4)

MARCH, 2012

Milk served daily with meals

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NEW! Carb Counts daily on lunch menu Fresh Fruit Apple 21g Orange 21g Banana 29g Pear 25g</p>			<p>1 Cheeseburger w/Bun 30g Potato 36g Peaches 27g</p>	<p>2 Teacher Institute Day No School</p>
<p>5 Nachos w/meat 24g Corn 24g Salsa & Sour Cream 2+2g Cinnamon Applesauce 34.5g</p>	<p>6 Chicken Patty w/Bun 38g Broccoli 8g Fresh Fruit</p>	<p>7 Early Release Day Mini Corn Dogs 27g Green Beans 6g Pears 28.5g Pretzel Goldfish 17g</p>	<p>8 Mr. Rib w/Bun 26g Mixed Veggies 10.5g Pineapple 22.5g</p>	<p>9 Cheese Pizza 33g Carrot/Celery Sticks 17g Mixed Fruit 27g</p>
<p>12 Chicken w/gravy 3.6g Mashed Potatoes 17g Wheat Roll 15g Peas & Carrots 15g Sliced Strawberries 13g</p>	<p>13 Cheese Sticks 32g w/sauce 3g Green Beans 6g Pears 28.5g</p>	<p>14 Chicken Fingers 15g Slice Wheat Bread 13g Blend Veggies 10g Mandarin Oranges 25.5g</p>	<p>15 Pancake Pup 21g w/Sausage link 1g Vegetable Fresh Fruit</p>	<p>16 Fun Shaped Fish Nuggets 21g Wheat Roll 15g Green Beans 6g Peaches 27g</p>
<p>19 COOK'S CHOICE!</p>	<p>20 Pasta w/meat sauce 88g Breadstick 26g Garden Salad 5g Mixed Fruit 27g</p>	<p>21 Hot Dog w/Bun 18g Vegetarian Beans 43.5g Pineapple 22.5g Pretzel Goldfish 17g</p>	<p>22 Chicken Nuggets 16g Biscuit 28g Green Beans 6g Mandarin Oranges 25.5g</p>	<p>23 Cheese Pizza 33g Vegetable Fruit</p>
<p>SPRING</p>	<p>BREAK!!</p>	<p>MARCH 26 thru MARCH 30, 2012</p>		